# CAULFIELD BEARS JFC RETURN TO TRAINING

TUESDAY 26TH JUNE 2020 WEDNESDAY 27TH JUNE 2020



### **AGENDA**

Tuesday 26<sup>th</sup> June Wednesday 27<sup>th</sup> Jun

Note: Changes are expected – this information is based from AFLVic protocols dated 18<sup>th</sup> May

- Welcome Peter/Shane
- Get in Train Get out (Hygiene Protocols) Jacinta
- Training Guidelines Shane
- Club and SMJFL Requirements Matt
- Q&A All

# **WELCOME**

Peter

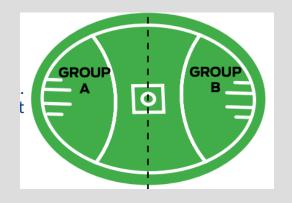
- Glen Eira Council
- SMJFL
- Return to play season dates

### GET IN - TRAIN - GET OUT

Jacinta

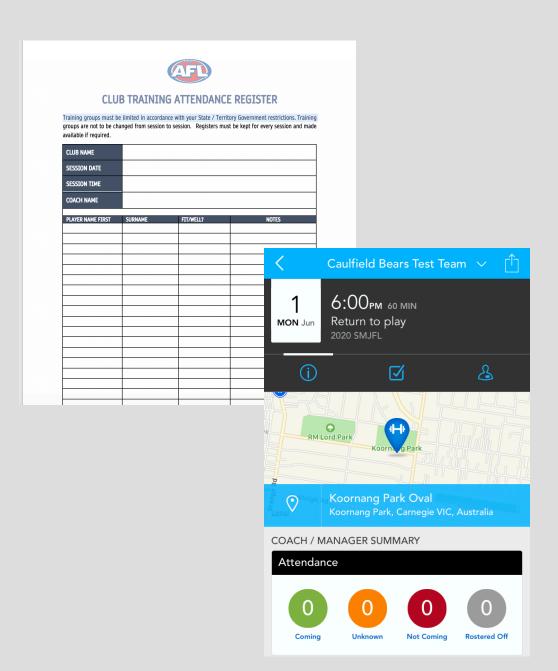
- Participants
  - Coach
  - Reasonable minimum amount of assistants
  - Team safety officer/adult (record attendance, health screen, sanitise hands)
  - Maximum 10 players each end (maximum 20 on the Oval)\*
  - Voluntary attendance/must be registered with the club – RSVP via TeamStuff / email
  - Parents to remain outside the oval and maintain social distancing
  - Notes \* as per May I 8th Updated hopefully will be 20, pending update from AFL VIC

- Equipment
  - Footballs
  - Marking cones
- Oval Set up
  - Lights are on a timer controlled by the council



### Monitoring requirements

- A designated team safety officer or responsible adult must be located at the entrance to the oval.
- They are responsible for signing the players in (or checking in TeamStuff), checking that they are feeling well and haven't been in close contact with anyone suspected of COVID 19, coaches and assistants must also be recorded – indicate which group they are allocated to in notes
- Ensuring they sanitise their hands.
- At the end of the training session this form must be emailed to <u>secretary@caulfieldbears.com.au</u>
- If someone becomes ill during training they are to be isolated and a parent called to pick them up



- Hygiene Protocols
  - If you or anyone in close contact has been ill then do not attend training
  - Hand sanitizer to be applied before training, during and at the completion of training
  - Footballs to be sanitised before and after training with either a antibacterial wipe or spray
  - No sharing of drink bottles, towels or any other equipment
  - No spitting or clearing of nasal passages
  - No strapping, massage or physio
  - No access to club rooms

- Additional Information
  - Toilet access is vis the public toilets
  - Players must go in pairs and sanitise hands on return
  - Prompt drop off and pickup of players
  - Training times have been staggered to prevent player congestion
  - Belongings should be stored inside the fence and distanced from other peoples belongings (?wet weather)
  - Remember: Player and volunteer safety is our main goal, we all need to be vigilant and work together

## TRAINING GUIDELINES

Shane

- Strictly no physical contact between players can occur (i.e. no tackling, no bumping, no marking contests) in any drills under the current restrictions
- If pair/group work is required, please keep pairs consistent within the training session
- No movement between groups at either end of the oval
- Adhere to Social distancing of 1.5m to be maintained (including no high-5's or handshakes)
- Concentrate on fitness, handballing and kicking drills during the first month with the aim of making the drills fun
- Remember the kids will be very excited to be at training and to see all their mates, it wont be easy to stop them being close to each other, so be patient, be concise, relax and let them be kids however just keep reminding them to do the right thing so footy can continue

# CLUB & SMJFL REQUIREMENTS

### Matt

- I. Appoint team safety officer
- Complete Dept of Health training
- 3. Review protocols
- 4. Attend meeting
- 5. Confirm ok to start
- 6. Reply from Footy Ops
- 7. Send email to parents

# Back to Footy Procedure for Coaches



#### PRIOR TO RETURNING TO "NON-CONTACT" TRAINING:

- Coaches need to nominate a "Team Safety Officer" for their team, it can be the TM, Trainer, or other volunteer and can be 1 or more people.
  - Name to be sent to the club secretary (secretary@caulfieldbears.com.au) and/or added the 2020 Role Tracker.
  - b. The role of the Team Safety Officer during training is described below, but they will need to be across the guidelines and assist the club to comply with those guidelines, including by record taking.
- Coaches (including Assistant Coaches) and the Team Safety Officer need to complete the very simple infection control training (takes 10 mins) > Dept. of Health - Infection Control Training
  - a. Certificates to be sent to the club secretary (secretary@caulfieldbears.com.au) and added to EverProof.
- Coaches (including Assistant Coaches) and the Team Safety Officer need to read the Bear Facts and the AFL Vic Procedures Doc > Return-to-Small-Outdoor-Group-Training-Protocols.pdf.
- 4. Attend one of the planned Video Conference Q & A sessions (either Tuesday 26th May 7:30 or Wednesday 27th May 7:30) these sessions are open for any volunteers from your team. Invites have already been sent to coaches and TMs and can be forwarded. If coaches don't attend either of these sessions, they won't be allowed to undertake training. Please discuss within your team prior to the meeting and add any guestions in the following website.
- Coaches and Team Safety Officer will be required to confirm via email that they have read the info and are comfortable to start training.
- Shane (or alternatively one of the Executive Committee) will confirm via email to the coach/
   Team Safety Officer that they have met all the SMJFL requirements and can commence training.
- Coaches are required to email parents with training times AND the info included in the Bear Facts. Please note that players must be registered for the 2020 Season to attend training.

#### **DURING "NON-CONTACT" TRAINING:**

- 1. All players, coaches and parents to adhere to the AFL Vic Training Protocols
- Team Safety Officer to record the names of each player and coach when they arrive (or confirm TeamStuff attendance is correct) - no sharing of pens, just record the names and group, provide hand sanitiser to players and coaches before the session and ask each participant if they are feeling well before they commence the session.
- Take photo of sheet please save and be able to retrieve upon request, and in addition, email to the club secretary at secretary@caulfieldbears.com.au

caulfieldbears.com.au/juniorteam

# QUESTION AND ANSWERS

- Screenshare list of questions from Slido
- <a href="https://app.sli.do/event/ojvckcta/live/questions">https://app.sli.do/event/ojvckcta/live/questions</a>