



COVIDSafe PLAN

ABOUT THE COMMUNITY SPORT AND RECREATION COVIDSAFE PLAN

The Community Sport and Recreation (CSR) COVIDSafe Plan has been developed to support the community sport and recreation sector prepare to safely open and operate in accordance with the easing of restrictions, while also ensuring the public feels confident that their health and safety is being protected.

It is important to develop your CSR COVIDSafe Plan in accordance with the **Community Sport and Physical Recreation Industry Restart Guidelines** and the restriction level at the time (Closed, Heavily Restricted, Restricted, Open with a COVIDSafe Plan). The Guidelines can be found here: <https://www.coronavirus.vic.gov.au/coronavirus-sector-guidance-arts-and-recreation-services>.

Community sport and recreation workplaces, venues/facilities, associations and clubs have two options on how to reopen in line with current public health directions. They can:

- Complete a Community Sport and Recreation COVIDSafe Plan (mandatory)

OR

- Update their existing voluntary Return to Play Plan to align with the mandatory COVIDSafe Plan template.

The template has been customised to assist sport and recreation facility owners and operators, State Sporting Associations (SSAs), National Sporting Organisations (NSOs) and peak sport and recreation bodies to prepare a CSR COVIDSafe Plan that incorporates the mandated COVIDSafe principles. CSR COVIDSafe Plans can be adopted and implemented by leagues, associations and clubs.

Community sport and recreation workplaces, venues/facilities, associations and clubs will be responsible for completing the CSR COVIDSafe Plan and ensuring it is implemented at open workplaces, venues and facilities.

To support communication with local government authorities as community sport facility/venue owners and their members, SSAs will be asked to upload a copy of their CSR COVIDSafe Plan on their website and make it available upon request.

In order to be compliant with public health directions, plans must:

- Align with the directions issued by the Victorian Chief Health Officer
- Provide complete responses and the required supporting documentation
- Account for the current permitted level of sport or recreation activity in your plan and identify how your plan will respond to changes in permitted levels of activity.
- Ensure that activity resumption does not compromise the health of individuals or the community
- In addition to completing a CSR COVIDSafe Plan, you are still required to meet your obligations under the Occupational Health and Safety Act 2004.
- You must comply with a request to present or modify your CSR COVIDSafe Plan, if directed to do so, by an Authorised Officer or WorkSafe Inspector.
- In addition to the general restrictions for all businesses, some industries require additional obligations due to a higher transmission risk.

HOW TO DEVELOP YOUR CSR COVIDSAFE PLAN

1. UNDERSTAND YOUR RESPONSIBILITIES

Information on public health directions applying to organisations is available at coronavirus.vic.gov.au

2. PREPARE YOUR PLAN

Below is the CSR COVIDSafe Plan template which you will need to complete. The CSR COVIDSafe Plan is grouped into six COVIDSafe principles:

1. Ensure physical distancing
2. Wear a face mask
3. Practise good hygiene
4. Keep records and act quickly if participants, volunteers or organisers become unwell
5. Avoid interactions in enclosed spaces
6. Create workforce/activity bubbles

When completing your plan, under the 'actions' column of each COVIDSafe principle, you must outline the actions you will take to meet the listed requirement. You will note that if you are in a restricted or heavily restricted industry, additional requirements may apply. If you do not believe a requirement applies to your activity, it should be marked N/A with an explanation about why it does not apply.

Mandatory requirements under public health direction feature this symbol:



- Align with the directions issued by the Victorian Chief Health Officer
- Provide complete responses and the required supporting documentation
- Account for the current permitted level of sport or recreation activity in your plan and identify how your plan will respond to changes in permitted levels of activity.
- Ensure that activity resumption does not compromise the health of individuals or the community
- In addition to completing a CSR COVIDSafe Plan, you are still required to meet your obligations under the Occupational Health and Safety Act 2004.
- You must comply with a request to present or modify your CSR COVIDSafe Plan, if directed to do so, by an Authorised Officer or WorkSafe Inspector.
- In addition to the general restrictions for all businesses, some industries require additional obligations due to a higher transmission risk.

3. KEEP YOUR PLAN UP-TO-DATE

Your CSR COVIDSafe Plan must be reviewed and updated routinely and when restrictions or public health advice changes. Organisations with multiple venues/facilities must complete a CSR COVIDSafe Plan for each worksite.

You do not have to lodge your CSR COVIDSafe Plan with the Victorian Government, however, you may need to provide your CSR COVIDSafe Plan to an Authorised Officer or WorkSafe Inspector upon request, or in the event of a confirmed positive case at your workplace. There will be virtual and physical inspections as well as desktop audits to ensure the implementation of and compliance with your CSR COVIDSafe plan.

4. SHARE YOUR PLAN

Your participants, volunteers, organisers and members need to be familiar with this plan. Once you have completed the plan, share it with your participants, volunteers, organisers and members and occupational health and safety representatives or COVIDSafe officer, if applicable.

For further guidance on how to prepare your CSR COVIDSafe Plan or any other questions, please visit coronavirus.vic.gov.au or call the Business Victoria Hotline on 13 22 15

YOUR CSR COVIDSAFE PLAN

Organisation name: Caulfield Bears Junior Football Club
Plan completed by: Jacinta Hamilton COVID Safety Officer 0419001536
Date reviewed: 28 July 2021



1. ENSURE PHYSICAL DISTANCING – 1.5m

REQUIREMENTS

You must ensure participants; volunteers and organisers are 1.5 metres apart as much as possible.

This can be done by:

- Modifying sporting activities to ensure participants remain 1.5 metres apart where possible except when engaging in physical activity permitted under the Chief Health Officer directions (e.g. contact sport where permitted).
- Displaying signs to show patron limits at the entrance of enclosed areas where limits apply (where use of indoor areas are permitted under the restrictions)
- Informing organisers and volunteers to work from home wherever possible
- Note that where physical recreation facilities are permitted to open for classes for members of the public, specific additional requirements apply such as staggering class times. For more information see <https://www.dhhs.vic.gov.au/victorias-restriction-levels-covid-19>

You may also consider:

- Minimising the build-up of people waiting to enter and exit the venue/facility.
- Using floor markings to provide minimum physical distancing guides
- Reviewing delivery protocols to limit contact between delivery drivers and organisers and volunteers (where relevant)

ACTION

- Stagger training start and completion times to minimise team cross over
- Modified training activities to optimise the ability to maintain 1.5 metres physical distancing and separate groups/teams as much as possible.
- Officials attending training/matches must keep a 1.5m distance at all times during and post training/matches.
- Canteen – operate as per density quota guidelines
- Change rooms not accessible at present
- Maximise usage of full oval and smaller group sizes to promote social distancing
- Promote "get in Train /Play get out"
- Provide signage on the maximum occupancy of areas that are open to the General Public - density quota of 1 per 4spm. – Closed at present
- Communicate via email, club newsletter, social media and scoreboard
- QR code registration for all players and officials is mandatory with codes displayed throughout both facilities
- Manual registration log available and maintained
- Only officials are allowed on the field during training and match play
- Limited to minimum number of people required to participate in and facilitate the activity (i.e. players, coaches) and must be within venue limits above
- No general spectators allowed

You must apply the density quotient (where applicable) to configure shared activity areas and publicly accessible spaces to ensure that:

- You are complying with any density quotient, any group size limits and other restrictions applicable to the type of facility being used. Requirements can be found in the Industry Restart guidelines

- Comply with relevant density quotient of 1 per 4sqm. Signage displayed with limits per area
- COVID Check In Marshall (Grounds Manager) to ensure teams check
- Change room quota communicated via signage - CLOSED
- Maximum venue capacity 100 outdoor, including no more than 300 indoors if allows but must comply with density quota of 1 per 4spm
- Maximum group size: 10 outdoors, encourage 1.5m social distancing for parents/carers in attendance by the Ground Manager.
- No general spectators allowed



You should provide training to organisers and volunteers on physical distancing expectations while working and socialising. This should include:

- Avoiding car-pooling unless not reasonably practical for participants to travel another way

- Reinforce messaging to participants that physical distancing needs to be maintained during activities and during social interactions via email, newsletter, scoreboard and social media
- Educate on hand and cough hygiene, including how to wash and sanitise their hands correctly
- No high fives, handshakes, or other physical contact other than physical activity permitted by the Chief Health Officer as part of the training/game
- Communicate advice to participants, officials and volunteers to ensure travel is undertaken safely (e.g. you should not carpool to and from the activity with a person you don't ordinarily live with, unless it is not otherwise reasonable and practical for either person to get to the activity)
- If traveling in a car with someone who is not part of your household, you should sit in the back seat in order to maintain physical distancing, wear a face mask in the car and increase
- Ventilation in the vehicle by opening windows
- Reinforcing the importance of not attending activities or events if unwell
- Ensure appropriate information is available on the use of face coverings and PPE (if applicable)
- Limit 'in person' committee meetings and minimise the volunteers required to be at the venue/facility. Consider virtual meetings
- Covid Safety Officer appointed who has completed the Infection Control Certificate and provided to the League
- Covid Safety Officer communicates key information (i.e RTT/RTP) and ensures COVID requirements are followed and teams have a representative who has completed the Infection Control Certificate to share responsibility across the Club



If your activity is restricted or heavily restricted you must also:

Reduce participant, volunteer and organiser levels in accordance with industry directions.

Limit number of patrons in accordance with Chief Health Officer directions.

Have no carpooling.

Heavily Restricted Industries Only

Organisers and volunteers must work from home, if they can.



2. WEAR A FACE MASK



REQUIREMENTS

You must ensure all participants, volunteers and organisers entering the venue/facility wear a face mask as per public health advice.

Updated public health advice on masks is available at: <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>

You should install screens or barriers in the venue/ facility for additional protection where relevant.

You should provide training, instruction and guidance on how to correctly fit, use and dispose of masks and PPE (where relevant). Masks must be worn at all times except when out of breath or puffing from strenuous exercise or unless a lawful exception applies. These include:

- Persons who are deaf or hard of hearing, where the ability to see the mouth is essential for communication.
- Persons for whom wearing a face mask would create a risk to that person's health and safety related to their work, as determined through OH&S guidelines.
- Persons whose professions require clear enunciation or visibility of their mouth. This includes teaching or live broadcasting.
- Professional sportspeople when training or competing.
- When you are doing any exercise or physical activity where you are out of breath or puffing. Examples include jogging or running, but not walking. You must carry a face mask on you and wear it when you finish exercising.

ACTION

- Facemasks must be worn at all times
- You do not need to wear a mask if you are doing physical activity where you are out of breath or puffing such as running, but you must wear the mask before and after exercise.
- COVID Safety Officer/Grounds Manager to monitor use of face masks
- All trainers to wear a mask when treating players
- Canteen height and bench width provide additional protection

- Participants and officials referred to the How to Wear a face mask on the DHHS website for instruction
- Disposable masks to be made available in the canteen for use as required.
- Single use masks should be disposed of after each use and other masks should be washed regularly

There are no additional requirements for restricted or heavily restricted activities.



3. PRACTISE GOOD HYGIENE



REQUIREMENTS

ACTION

You must frequently and regularly clean and disinfect shared spaces, including high-touch communal items such as door knobs, shared equipment and telephones.

- Clean surfaces with appropriate cleaning products, including detergent and disinfectant
- Replace high-touch communal items with hygienic alternatives, for example single-use or contactless options, where possible to do so
- Sharing of equipment should be kept to a minimum and all equipment must be cleaned and disinfected between use
- Clean between user groups or sessions

- All footballs and training equipment to be cleaned with anti-bacterial wipes/spray prior too and at the completion of training, this is the responsibility of the coach.
- High touch surfaces i.e. door/cupboard handles, equipment, taps and toilets cleaned regularly and where appropriate leave doors open
- Monitor supplies of cleaning products and regularly restock
- Encourage participants, to bring their own personal equipment and reinforce that equipment should not be shared
- No sharing of personal items such as water bottles, food and towels
- Keep use of facilities to a minimum

You must display a cleaning log in shared spaces.

- Maintain cleaning log for canteen, toilets, umpires and change rooms



You should make soap and hand sanitiser available for all participants, volunteers and organisers throughout the venue/facility and encourage regular handwashing.

- Hand sanitiser stations located at throughout the venue
- Rubbish bins are available to dispose of waste
- Ensure adequate supplies of soap and sanitiser
- Ensure participants, volunteers and organisers have information on how to wash and sanitise their hands correctly
- All attendees will sanitise their hands upon arrival and departure at the venue/facility
Signage will be utilised to communicate and support key messages





If your activity is restricted or heavily restricted you should also:
Conduct an audit of cleaning schedules



4. KEEP RECORDS AND ACT QUICKLY IF PARTICIPANTS, VOLUNTEERS OR ORGANISERS BECOME UNWELL

REQUIREMENTS

ACTION

	<p>You must support participants, volunteers and organisers to get tested and stay home even if they only have mild symptoms.</p>	<ul style="list-style-type: none"> Participants and volunteers showing any COVID 19 symptoms will be required to immediately return home and seek medical attention
	<p>You must develop a plan to manage any outbreaks. This includes:</p> <p>Having a plan to respond to a participant, volunteer or organiser being notified by health authorities that they are a positive case and attended the facility whilst infectious. People who show symptoms or have been in close contact should NOT attend the venue/facility or activity until they receive their test results or have completed their quarantine period and are cleared by DHHS.</p> <p>Having a plan to identify and notify close contacts in the event of a positive case attending the venue/facility during their infectious period. You are also required to notify DHHS of the positive case.</p> <p>Having a plan in place to clean the venue/ facility (or part) in the event of a positive case.</p> <p>Having a plan to contact DHHS and notify the actions taken, provide a copy of the risk assessment conducted and contact details of any close contacts.</p> <p>Having a plan to immediately notify WorkSafe Victoria on 13 23 60 if you have identified a person with coronavirus (COVID-19) at your venue/facility.</p> <p>Having a plan in the event that you have been instructed to close by DHHS.</p> <p>Having a plan to re-open your venue/facility once agreed by DHHS and notify participants, volunteers and organisers they can return to the venue/facility .</p> <p>More information can be found at https://www.dhhs.vic.gov.au/workplace-obligations-covid-19.</p>	<ul style="list-style-type: none"> Notification of participants, volunteers, officials and close contacts about a positive case in the venue/facility will occur under the guidance of the league, DHHS and the club president by telephone and email to the effected group in a time critical manner. External deep cleaning process will be conducted in the event of a positive case by an external contractor. COVID Safety Officer and or/Club President will notify the League, DHHS 1300 650 172, WorkSafe 132360 of a positive case Any participant, volunteer or official (with a suspected or confirmed case) will not return to the club without a negative swab result and DHHS clearance as provided to the Covid Safety Officer The President/Covid Safety Officer will notify the League and council when the venue is cleared for reopening
	<p>You must keep records of all people who enter the venue/facility for more than 15 minutes for contact tracing. This does not include passive users of open parkland and recreational spaces.</p>	<ul style="list-style-type: none"> Records will be kept of all people who enter the venue/facility for contact tracing purposes via the Service Victoria App and paper Record QR codes available at all venues for contract tracing purposes Manual logs available and maintained Training logs to maintained by each teams Team Manager or Coach
	<p>If your activity is restricted or heavily restricted you must also:</p> <p>Restricted Industries Ask participants, volunteers and organisers to declare verbally before each session that they are free of symptoms, have not been in contact with a confirmed case and have not been directed to isolate</p> <p>Heavily Restricted Industries Ask participants, volunteers and organisers to declare in writing or electronically before each session that they are free of symptoms, have not been in contact with a confirmed case and have not been directed to isolate</p>	



5. AVOID INTERACTIONS IN ENCLOSED SPACES

REQUIREMENTS

You should reduce the amount of time participants; volunteers, organisers, parents, carers and anyone in attendance are spending in enclosed spaces (e.g. entrances, foyers, bathrooms, change rooms and clubhouses).

This could include:

- Enabling activities in outdoor environments
- Moving as much activity outside as possible, including serving patrons, meetings,
- tearooms, lunchbreaks and locker rooms
- Enhancing airflow by opening windows and doors
- Optimising fresh air flow in air conditioning systems.

ACTION

- Access to change rooms CLOSED
- Communicate advice to participants to ensure travel and other activities are undertaken safely (e.g. only carpooling when necessary and develop guidance on car car-pooling safely with masks, windows open, fresh air circulation) via social media and club newsletter

There are no additional requirements for restricted or heavily restricted activities.



6. CREATE WORKFORCE/ACTIVITY BUBBLES

REQUIREMENTS

ACTION



You should limit the number of participants, volunteers and organisers engaging in activities across multiple teams/venues/facilities where practical. This includes avoiding as much as possible, having participants playing across multiple teams.

- Training limited to those officials and participants required to complete the activity
- Avoid mixing teams wherever possible
- Training timetable created to limit the number of participants at the venue and ensuring participants 'get in and get out'. Arrival and departure times established for teams

If your activity is restricted or heavily restricted you must also:

Limit or cease the number of participants, volunteers and organisers engaging in activities across multiple teams/venues/facilities.

Maintain records of all participants, volunteers and organisers who have disclosed they are engaging in activities across multiple teams/venues/facilities.

