

Caulfield Bears Junior Football Club 2019 Annual Report

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## 2019 Committee Of Management

## EXECUTIVE

PRESIDENT	PETER BREMNER
VICE PRESIDENT	BELINDA SUTCLIFFE
SECRETARY	KATHERINE ROBERTS
TREASURER	JOHN MARGERISON

### GENERAL COMMITTEE

REGISTRAR	ANDREW BALDWIN
MARKETING COMMUNICATION	ELENI KARAMIHOS
GROUNDS and COUNCIL LIAISON	LUKE RITCHIE
SPONSORSHIP AND MERCHANDISE COORDINATOR	ALISTAIR ROWLANDS
AUSKICK LIAISON	KERRY WIDJAJA
TEAM MANAGER COORDINATOR	MATT DRY
GIRLS FOOTBALL COORDINATOR	AMY CONRAD
STAKEHOLDER ENGAGEMENT	STEPHANIE BANSEMER-BROWN
SOCIAL EVENTS and CANTEEN	SILVANA KERIN





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President's Report

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I am pleased to present the President's Report for the 2019 season of the Caulfield Bears Junior Football Club (CBJFC).

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"Pleasingly, 9 of our II eligible teams played finals in 2019 and I'm sure this finals experience will stand these teams in good stead for the seasons ahead"

The 2019 season was another record season across many facets of the Club including registration numbers, girls football teams, finals participation, increased revenue and sponsorship, plus we also welcomed some new facilities at Koornang Park.

## Key highlights of the 2019 season included:

- 9 of our 11 eligible teams played in finals
- 4 teams played in Grand Finals
- A Lightning Carnival win for the U10 Grizzlies
- A fabulous Season launch event in February to kick off the season
- A record 356 Club registrations, an increase of 44 over the 2018 season
- 2 new Girls teams in U10's and U16's
- A record 16 teams (including 4 Girls teams) and representation of a team at each age level from U8's through to U17's
- Interleague representation from 4 Girls players
- SMJFL Best and Fairest Awards two first placings and two third placings
- SMJFL Volunteer Awards Best Junior Coach and Sportsmanship Awards
- 100% Everproof Compliance
- Bathroom and umpire room upgrades completed at Koornang Park
- Electronic scoreboard completed and operational at Koornang Park
- Record sponsorship levels with 6 new Club sponsors and Sponsorship revenue contributing 23% towards total Club revenue
- 5 Family nights, a Comedy night and Volunteers function

### **Football Achievements**

The Caulfield Bears Junior Football Club (CBJFC) plays in the South Metro Junior Football League (SMJFL) which is a 25 Club competition being the largest junior football club competition in Australia.

The CBJFC fielded 16 teams in 2019 with 5 being modified rules teams and 11 being non-modified rules teams. 4 of our 16 teams were all Girls sides. Our younger teams from U8's – U10's play modified rules and there are no official scores or ladders, with the emphasis being on participation, enjoyment, learning, developing skills and friendship. These teams do play a Lightning Carnival competition at the end of their season and our Under 10 Polars team won the Carnival for their division.

From Under 11's and above there are ladders and winners and losers, so teams are placed into the appropriate divisions commensurate with their expected performance and the Football Operations team worked especially hard in pre-season with the SMJFL to place our 11 nonmodified teams into the correct divisions so all teams could be competitive.

Pleasingly, 9 of our 11 eligible teams played finals in 2019 and I'm sure this finals experience will stand these teams in good stead for the seasons ahead. Interestingly, the 2 teams that didn't play finals in 2019, were the 2 teams that won Premierships in the 2018 season, so they experienced a higher grading in 2019 and will also reap the benefits in the years ahead.

## The 9 teams that played finals in 2019 were:

- U11 Mixed: Div 2 (Runner Up Grand Final)
- U12 Mixed Grizzlies: Div 4 (Runner Up Grand Final)
- U13 Mixed: Div 3 (Semi Final)
- U14 Mixed: Div 4 (Preliminary Final)
- U14 Girls: Div 2 (Semi Final)
- U15 Boys: Div 3 (Preliminary Final)
- U16 Boys: Div 4 (Runner Up Grand Final)
- U16 Girls: Div 3 (Preliminary Final)
- U17 Boys: Div 2 (Runner Up Grand Final)

Whilst there were no Premierships at the Bears in 2019, it certainly wasn't for a lack of effort from the players, the coaching groups, the volunteers and the parents. I attended many of the finals matches and it was heart-warming to see so many of the Bears community getting around and supporting teams other than their own children's teams. I think that community spirit shines through in many facets at the Club. Congratulations go to our SMJFL Interleague representatives who were chosen to play in the Queen's Birthday Interleague Carnival. Four girls from the CBJFC represented the SMJFL Under 15 Girls Interleague sides being Jenna Casamento, Sienna Rogers, Jemima Jost-Stileman and Madison Szep.

Congratulations also go to winners and place getters in the SMJFL League Best & Fairest Awards. This season the following players won awards; Cameron Green (3rd place Under 12 Division 4), Lucas Bremner (3rd place Under 13 Division 3), King Le (winner Under 14 Division 4), and Nick Karamihos (winner Under 16 Division 4).

SMJFL Volunteer awards were also presented to Lachlan Rayner (Sportsmanship Award) and Derek Waters (Junior Coach of the Year Award). Congratulations to Lachlan and Derek.

I would like to wish the U17 boys team well on their future football endeavours wherever that may be. Ten boys from this team received a framed photo of themselves at their Best & Fairest Presentation night acknowledging their 10 years of service at the CBJFC and we thank these boys for their loyalty and dedication. Congratulations to Fraser Sharman-Smith for being a great Club Captain and being generous with your time at the Anzac Day memorial and the family nights. I would particularly like to thank Marc Bullard, Peter Manakis and Jason Woods for their coaching and team management over many years at the Club. To this whole team and your families, you will all be missed but always welcome back to the Bears at any time.



"I would like to thank all the coaches, assistant coaches, trainers, runners, first aid, team manggers and volunteers who helped coach, teach, train, direct and mangge the 16 teams."

#### **Football Department**

Whilst there was no official Football Operations figurehead at the helm in 2019, the President and Secretary were ably supported by the three Coaching Coordinators being Pat Kerin (U8's – U12's), Gary Birrell (U13's – U17's) and Gilbert Hennequin (Girls teams) to run the Football Department.

After getting through the usual headaches of not having enough storage, not getting the ovals early enough to train on and having to buy more equipment, the teams began their pre-seasons in February.

In March, Dynamic Football Skills ran a session for all coaches upskilling them with new training techniques and the feedback from not only the rookie coaches but also the experienced coaches indicated that it was a very a valuable learning experience and one the Club will continue to invest in.

The season began in late April and the first 4 grading rounds were played, then following some minor re-grading adjustments the divisions were set. The serious action started from round 5 onwards leading into the finals where a remarkable 9 out of 11 eligible teams made finals.

I would like to thank all the coaches, assistant coaches, trainers, runners, first aid, team managers and volunteers who helped coach, teach, train, direct and manage the 16 teams and 356 registered players over the course of the season.

Special thanks go to Pat Kerin, Gary Birrell, and Gilbert Hennequin for giving up your valuable time to make the coaches lives easier. I'm confident with the quality of coaching at our Club that all players ended the season with better skills and game sense than when they started.

#### **Registrations / Team Selection**

Pleasingly registrations at the CBJFC continued on an upwards trend with a record number of 356 players registering for the 2019 season (compared to 312 registrations in 2018). There were 275 male registrations and 81 female registrations in 2019.

We fielded 16 teams in 2019 (up from 15 teams in 2018) with 2 additional girls teams, although we lost our second Under 13 mixed team. There was 12 mixed/boys teams and 4 girls teams.

We proudly had teams competing in every age group from Under 8's through to Under 17's, with two teams in both the Under 10 Mixed and Under 12 Mixed competitions.

I would like to thank our long serving Registrar Andrew Baldwin for his many years of service to the Club in this vital role. Andrew has announced that he will be stepping down as Registrar for the 2020 season, so I welcome any applicants for this important committee position.

Regarding grading teams, the Committee decided at the start of the 2019 season that if we have two teams in an age group, that we won't formally grade teams until the U13's age level which usually coincides with the Year 7 school level. We hope to have two Under 13 teams in the 2020 season and if we do, the Football Operations department will grade these teams in a way that maximises not only their competitiveness but also their enjoyment.

In some age groups numbers grew beyond the ideal number of 24 players per team, and it was often a challenge to accommodate everyone in terms of even playing time, especially in the older age groups where winning becomes more of a priority. The coaches are aware of these challenges and do their best to give players as much playing time as possible as we never like to turn anyone away from the Club who wants to register for the CBJFC.

#### **Female Participation**

Three seasons ago there were no girls teams at the Club, two seasons ago there was 1 girls team, last year there were 2 girls teams and in 2019 we fielded 4 girls team in Under 10, Under 12, Under 14



and Under 16 competitions. If registrations continue as expected, we hope to add a 5th girls team in the U14's next season.

The Committee is very proud of this increasing trend of girls football at the Club and embraces any measures to help this continue. Special thanks go to Amy Conrad and Gilbert Hennequin plus the 4 Girls coaches for making the CBJFC a place where the girls can not only improve their football skills, but also enjoy each other's company make long lasting friendships.

This season the SMJFL recognised 4 of our girls players by selecting them in the SMJFL Under 15 Girls Interleague representative teams that played a 3-game carnival over the Queen's Birthday weekend. Well done to Jenna Casamento, Sienna Rogers, Jemima Jost-Stileman and Madison Szep on doing yourself and the Club proud.

#### **Auskick**

The Auskick program at Koornang Park is run from late April to mid-August each Saturday morning between 9am – 10.30am completely by volunteers and is a vital pathway for younger players into the CBJFC.

Whilst the Auskick program is not formally part of the CBJFC, the relationship is strong and the Auskick program receives our full support as recognition of its value as a feeder into the Junior Club.

Thanks goes to our Auskick Coordinator Craig Rydquist who did an excellent job in his first year at the role. We also thank Kerry Widjaja for running the Auskick Liaison role with such aplomb. Sadly, Kerry isn't returning to this role in 2020 (as she won't have a child participating in Auskick), so we welcome applicants for this role next season.

#### **Player Welfare**

The health, safety and well-being of our players remains a top priority at the CBJFC. Our Committee was proud that the CBJFC were one of the first Clubs in the SMJFL to achieve 100% Everproof Compliance in season 2019.

I commend the extraordinary efforts of Club Secretary Katherine Roberts plus Team Manager Coordinator Matt Dry and all team managers who helped achieve this 100% Everproof Compliance before round 4. The SMJFL are cracking down on any Clubs and teams who are not Everproof compliant and major penalties can be invoked such as loss of points for non-compliance.

I also wish to thank our Child Safety officer, Kim Thurlow and our Vice President Belinda Sutcliffe for providing the Child Safety Compliance reports to the League at regular intervals this season. This child safety compliance aspect of running any sporting Club is only going to increase in the future so I ask Club members to please cooperate when asked to assist.

We continued our relationship with Colbrow Medics this season and supplemented each team's first aid trainer with a Colbrow medic at all non-modified home games, not just at Koornang Park but also at East Caulfield Reserve. This significant cost is one which the Committee is quite prepared to invest in, as we know it brings peace of mind to all players and families.

The Club was again lucky to enjoy the Physiotherapy services and wisdom of Club sponsor JBA Physio from Glen Huntly. Jane Banting and her team of physios were regulars on Tuesday nights for the Under 16 Girls at East Caulfield training and Thursday nights for the Under 17 Boys (and anyone else who wanted to utilise their services) at Koornang Park training. Jane is passionate about injury prevention and rehabilitation and is already talking about making improvements to her offering in 2020.

The above mentioned medical and physiotherapy services that the Club provides free of charge to Club members is something that sets us apart from many other Clubs.





"We're a club which warmly welcomes new players and families and where everyone seems to know each other."

#### **Club Values**

It is often said that we are the family Club. Or the community spirited Club. A Club which warmly welcomes new players and families and where everyone seems to know each other.

We aren't the biggest Club in the SMJFL, but I think our boutique size is what sets us apart from some of the larger Clubs. It is those family elements and the community spirit that I would like to see the CBJFC continue to stand for and be known for.

This doesn't mean that we can't be a competitive Club that likes to make finals and win premierships. On the contrary, that should also be our aim.

In the past two seasons we have nearly doubled the number of sponsors, with the majority being local business based in and around the Carnegie area. We support local schools when they have their fetes.

We continue to attract players and families from not only these local schools but also greater distances away, and I am pleased to see a growing multi-cultural representation from new registrations and transfers.

The family nights and comedy night and virtually cost neutral events with the purpose always being about bringing the families and kids together to enjoy each other's company.

This season our generous Club sponsor CKAOS paid for Jake Edwards from Outside the Locker Room to speak to the U16's and U17's about mental health awareness.

Next season I would like to see some of the older teams assist some of the younger teams or Auskick kids by helping at training or mentoring new players.

Next season I would also like the Club to nominate a charity group so the Club can assist an organisation that can benefit both financially and from our interaction and community spirit. I welcome suggestions from Club Members as to which charity group we can get behind.

#### **Social Engagement**

What a fabulous season we enjoyed on the Social Engagement front.

It all started way back in late February when we had our biggest ever Season Launch event at Koornang Park. It had some other envious Club Presidents saying, "all we have is a sausage sizzle". For those that attended, I know you will recall our Launch event was far more than a sausage sizzle!

Special mention goes to Silvana Kerin for your tremendous efforts this season in providing a greater canteen offering at both Koornang Park and East Caulfield.

Silvana was also responsible for arranging all the family nights (of which we had 5 this season, 1 more than normal) plus the comedy night and Volunteer's night which were all very well received. I know the numbers at these events appeared to be far larger than previous seasons, no doubt due to the diversity of food offerings ranging from BBQ to Mexican to fish 'n' chips to pasta.

At the final family night, I was pleased to present awards and gift vouchers to all previous Bears of the Month, but special mentions go to our Junior and Senior Bear of the Year Award winners.

Sophie Hamilton was a very deserving winner of the Junior Bear of the Year Award and the roof nearly lifted when that was announced. Katherine Roberts, our Club Secretary was a very worthy winner of the Senior Bear of the Year Award. Sadly, for the Club, Katherine is stepping down from the Secretary role in 2020, and we welcome applicants for this important and rewarding committee position role next season. A new award was created this season being the Community Spirit of the Year Award which was won jointly by Scott Wright and Paul McDonough who are our field line markers at both Koornang Park and East Caulfield Reserve. Scott and Paul and are two of the many unsung heroes at the Club.

No doubt many of you will have noticed the marketing and social engagement of the Club exploding into the stratosphere this season largely due to the tireless efforts of Stephanie Bansemer-Brown and Eleni Karamihos who have provided large amount of content and images for platforms like Instagram and Facebook. A fun-fact, at the start of the season we had 200 Instagram followers and now we currently have over 500 Instagram followers. I know for a fact that several other Clubs wonder how we do it?

Eleni also drafts the Bear Facts newsletter each week which is a tremendous effort and obviously very time consuming so that is greatly appreciated by all Club members. Special thanks for another unsung hero in our Club photographer and website coordinator Christopher Karamihos.

#### Sponsors

Two years ago, the Club had 14 sponsors that contributed revenue of approximately \$20,000. In season 2019, we had 20 sponsors that contributed over \$29,000 of revenue, representing some 23% of overall Club revenue.

The person responsible for Sponsorship is committee person Alistair Rowlands and on behalf of the committee, we thank Alistair for his tireless efforts in growing the Sponsorship base to record levels.

Without our Club sponsors, we would be unable to provide the quality footballs and equipment that we do and keep our registrations to the comparatively low levels that they are.

For season 2019, we thank the following Club Sponsors and hope all will be back on board in 2020; Gary Peer, Ckaos, @ The Catch, TMS, Zagames Caulfield, GPK, JBA Physio, Colliers International, Liana James, Blueprint, The Cheesecake Shop, Prosthetique Dental, Carnegie Constructions, iConnect Financial, Bendigo Bank, Len's Quality Meats, Bakers Delight, Shuttersports, Sportsmart, Globe Design, Grill'd, Steve Dimopoulos MP, and David Southwick MP.

Alistair is also responsible for the merchandise at the Club and has helped improve the merchandise offering and processes and expects 2020 to be even better in this regard.

#### **Facilities & Equipment**

This season we continued to utilise both Koornang Park and East Caulfield Reserve for training and playing home games.

The surfaces at both grounds held up well and we thank the line markers for always making sure the ovals were ready to play on.

Colbrow Medics were present at all home games at both ovals for nonmodified competitions.

At the start of the season, the new bathrooms were completed by Council in both home and away change rooms as well as the new umpire room and these facilities and welcomed by all. The Council also installed some basic storage along the outside west wall which while welcome still doesn't satisfactorily cater for the Club's needs.

One of our main ongoing issues is our lack of adequate storage for Club access 365 days a year and it is something that Council are aware of.

Local Member for Oakleigh Steve Dimopoulos has promised Council \$1 million in funding to be spent on improving the Koornang Park pavilion with capital works expected to be undertaken during the 2021/2022 period.

Pleasingly the electronic scoreboard was installed and operational in August just in time for our final home game of the year. The scoreboard is something that we can be proud of for many years to come and whilst the CBJFC pushed the project the hardest, it wouldn't have been possible without the financial contributions from all three tenant clubs including the Caulfield Bears Football & Netball Club and Carnegie Cricket Club, together with a \$25,000 grant from the State Government via State MP for Oakleigh Steve Dimopoulos and a \$15,000 grant from the Federal Government via Federal MP for Higgins Kelly O'Dwyer (now Katie Allen).

The Club is in a strong financial position for future investment in projects, with our next major project involving upgrading the lux of the oval lights at Koornang Park to allow night games to be played.

### **Club Support**

The CBJFC is run by volunteers and this season would not have happened without the tireless efforts of so many people. We know people need to strike the right balance between family life and volunteering your time for the Club, so all your help is appreciated. At the end of the day, we do it for the kids.

I would like to personally thank each and every member of the committee and subcommittee who has donated your valuable after-hours time and helped in their own way to make 2019 a season to remember.

To the committee who have met for 3 hours on 11 occasions over these past 12 months, I can only say what a pleasure it has been having you all on board as a cohesive and functioning committee all working together in the same direction for the benefit of the Club. Whilst we may not always agree or get every decision right, I can confidently say this committee has been a pleasure to be part of.

Finally, to the committee people who have announced that they are stepping down next season, on behalf of the Committee and whole Club membership thank you for your energy, effort, ideas, resources and contributions over your tenure. I am confident that the Club is heading in the right direction with a lot of good people ready to contribute again in 2020.

Peter Bremner President



# **Treasurer's Report**

I am pleased to present the Caulfield Bears Junior Football Club results for the Financial Year ended 30 September 2019. Results for the last 5 years are summarised across the following pages. Although the club recorded a small loss for season 2019, this was due to a number of one-off expenditure items being incurred during the year, the most notable being the installation of the new electronic scoreboard. Excluding the impact of these one-off items, the club's underlying profitability is very strong and in fact a lot of the income lines are at record levels which is a credit to the hard work of the committee and all of its volunteers.

### **Registrations**

Registration income continued to climb, up 10% from the prior year, reflecting the record player numbers at the club. Our registration income is now double the level it was back in 2014.

Our registration expenses increased almost exactly in line with the increased registration income, reflecting the higher player numbers and the higher number of teams entered in the SMJFL.

Our larger registration expenses and notable costs incurred during the year were:

- \$30k in payments to the SMJFL (affiliation fees, umpires);
- \$10k in first aid (primarily the Colbrow medics);
- \$7k in training equipment and match day footballs;
- \$7k in Auskick and recruitment initiatives (eg Registration Day);
- \$4k in coaches' development;
- \$2k for the purchase of two new line marking machines for Koornang Park and East Caulfield Reserve

### Merchandise

Merchandise costs increased significantly from the prior year for a number of reasons:

- An increase in player numbers as mentioned above;
- Purchase of 400 new training tops at a cost of over \$6k which were given to players free of charge as part of their registration;
- Formalisation of merchandise products provided to volunteers;
- Scrapping of old, slow-moving merchandise, replaced by a new range of products such as puffer jackers, caps, polo shirts and soft shell jackets. We have significant holdings of these new items which should lead to increased revenue in future years;
- Stronger link between merchandise and sponsorship, leading to an increase in sponsorship income.
- Looking forward, we have identified the purchase and fulfilment of merchandise orders as an area requiring additional capital investment.

### Food and drink

After a decline last year, I'm pleased to report a significant increase in the profits generated from the sale of food & drinks. In particular, we saw a marked increase in attendances at our family nights thanks to the variety of food being offered. Canteen sales also increased thanks to a revamped menu as well as the club agreeing to host 3 rounds of SMJFL finals games.

Note the profit from food & drink sales this year includes the impact of purchasing a new coffee machine (\$2k), a new freezer and new bar tables for family nights.

### Initiatives at a glance:

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Electronic Scoreboard

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10% Increased Registration



### **Fundraising and Sponsorship**

We recorded our record year of sponsorship, up 50% from the prior year. We had a number of new sponsors come on board thanks largely to the hard work of Al Rowlands.

Income from fundraising and raffles was also up 50% from the prior year due to increased attendances at our family nights as well as a successful Comedy Night.

### Other

Our other income includes \$2k courtesy of ex-Caulfield Bears player Noah Answerth. We received a \$1k Talent Development fee from the AFL as a result of Noah being drafted to the Brisbane Lions. We received a further \$1k from NAB when Noah was nominated as the Round 17 AFL Rising Star. In addition to this cash bonus, the club will also receive \$1,500 from NAB in the form of new football equipment as part of Noah's Rising Star Nomination. Well done Noah!

And finally, as touched on at the start of this report, our results for this year include the impact of our new electronic scoreboard at Koornang Park. The installation of the scoreboard, including all related electrical work and building permits, cost a total of \$58k. After taking into account grants received by the State and Federal Governments and contributions from the other tenant clubs at Koornang Park, the net cost of the new scoreboard included in this year's financial results was \$8,205. Although a significant amount, we believe the new scoreboard will not only add to player and spectator enjoyment but also lead to increased sponsorship opportunities.

## John Margerison

### **Results for the last 5 years:**

	2019	2018	2017	2016	2015
Receipts					
Registrations	68,202	62,591	61,118	50,438	49,335
Food and Drinks	19,417	13,497	22,133	18,101	18,605
Fundraising/ Sponsorship	31,686	21,392	24,021	12,579	11,308
Other	3,137	1,154	1,218	1,327	855
Total Receipts	122,442	98,634	108,490	82,445	80,103
Payments					
Registrations	75,381	68,695	69,198	37,196	44,284
Merchandise	27,091	14,151	15,751	8,979	27,754
Utilities/Insurance	11,970	10,830	10,044	11,316	10,594
Other	9,314	604	916	22,888	1,708
Total Payments	123,756	94,280	95,909	80,379	84,340
Net cash increase (decrease)	(1,314)	4,354	12,581	2,066	(4,237)



\$7K in new training equipment



New training tops for all players



Two New line marking machines



New coffee machine and bar tables

Profit and Loss	YTD 2019 Actual \$
Registrations	
Registrations Juniors	67,645
Registration Auskick	557
	68,202
Food and Drink	
Bar	7,861
Canteen	6,688
Kitchen (Family Nights)	2,588
Finals hosting	2,280
	19,417
Fundraising	
 Sponsorship	28,102
Fundraising and Raffles	3,584
	31,686
Other	
Interest Received	1,137
AFL Draft Fee/NAB Rising Star	2,000
	3,137
Total Receipts	122,442
Expenses	
Registrations	
Auskick/Recruitment	7,133
SMJFL Affiliation Fees	14,375
SMJFL Umpires	15,508
First Aid (Including Colbrow medic)	9,918
Coaches, Team Managers, Players ect.	12,815
Footballs and Equipment	11,768
Administration	3,863
	75,381

## Utilities

	11,970
Insurance	3,657
Food Act Registration fee	140
Glen Eira Council	5,749
Cleaning	2,424

YTD 2019 Actual \$
20,584
6,507
27,091
755
8,559
9,314

Total Payments	123,756
Net Change to cash	1,314

"In fact a lot of the income lines are at record levels which is a credit to the hard work of the committee and all of its volunteers!" "The parent coaches along with the parent participants and helpers is what makes the Auskick program so successful"

# Auskick

2019 saw Auskick move into its second year of the AFL's newly designed Auskick program.

The program is deigned to ensure there is lots of kid movement throughout the session with varying ball skills and minimal waiting in lines. The new Auskick Coordinator, Craig Rydquist jumped straight into action from day 1 training the volunteer coaches to ensure this program went off without a hitch. Craig & all of the coaches dedication week in week out was brilliant and very much appreciated by all parents.

Each week the oval was set up by Craig ready for the coaches to enthusiastically begin their drills in their age appropriate groups. The parent coaches along with the parent participants and helpers is what makes the Auskick program so successful and this year Craig couldn't have been happier to have such a great group of parents.

Along with the weekly clinics the Auskickers had some highlights during the year including the Melbourne Football Club players coming to Koornang Park to assist in running a Friday night clinic, a Mothers Day mums (and some dads!) vs kids match and the PopUp Sports inflatables session. Along with this, some lucky kids got to play at half time of the Hawthorn v Geelong game at the MCG. What a treat it was for those kids to be out on the G and also for some of them to even make it on the TV coverage.

In all its been a wonderful season and the support of the Caulfield Bears Junior Football Club has been tremendous throughout. Auskick is a great stepping stone towards playing at junior level and we hope to see many 2019 Auskick kids playing for CBJFC or returning to the Caulfield Bears Auskick in season 2020.







# **Team Reports**

Thom

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## **Under 8's**

The season started off with plenty of enthusiasm.

Most players in the team knew each other from the previous year's Auskick but we had some fantastic knew recruits who were welcomed with open arms and who soon became valuable team members. Good kicking technique, hand-balling and team work were practised diligently at training and it wasn't long before the practise drills materialised as improved performance out on the field.

It was great to see the kids hard work at training be rewarded as they linked up across the ground with handballs and kicks. Good technique resulted in goals scored which were celebrated with much gusto. The team showed steady improvement as the season progressed. Importantly the players were always competitive but played fair and great moments of sportsmanship were often display. The season culminated in the lightening carnival at Port Melbourne where the Bears were competitive all day in trying conditions.

A massive thank you to all of the parents who contributed over the season in particular Troy as assistant coach and Andy as Team Manager. At training Phil, Mick, Dave, Andrew, Michael, Kade, Cris, Julian and Rob were always on hand at training. Cameron and Mick took care of the umpiring on game day and Ally, Roba, Anna, Andrew and Michael took care of the myriad other duties on game day.





## **Under 9's**

We started the season with a very strong focus on 2 things. Play as a team and have fun.

From a very slow start to the season we very quickly started to see dramatic improvement in the way we played and this team improvement was consistent over the course of the season.

Staying involved in the match even when the ball was not in our area, running to support our teammates, using our voices and handballing to your fellow Bears were just a few of the areas the U9s were able to demonstrate over the course of the first part of the season.

At training the coaching group tried to work hard on these basics with a lot of time dedicated to handball drills which required small teams to use their teammates at least 3 times in chains of possession before they were able to score in the "4 goal" drills. We also introduced certain "Rules of the Week" in the minimatches at the end of training where the players were encouraged to focus on playing as a team and not just scoring.

Some weeks only handballs were allowed, in others there was a penalty awarded to the opposition for any player who "switched off" during the game. In other matches only drop punts were allowed. This helped the guys to better understand how they need to approach the game and also how to keep each other involved.

It also meant we saw a lot less of the "get ball, kick ball" approach and we started to see chains of possession in our matches where the ball was moved deliberately by hand and foot down the field.

As the season progressed and we saw improvement in these basics the players were also encouraged to keep learning with exercises in keeping their arms free when tackled and baulking around the opponent on the mark a feature.

This improved the overall team performance to the point where we saw competitive matches post the grading phase.

A big positive was when the U9 players were given a chance to fill in for the U10s teams they often performed extremely well and regularly featured in the best players. Their ability to stay involved in the match and play good team football was noticeable. A big thanks to Tony and Derek for looking after our players so well when they played up and allowing some of our guys to train with them on Monday nights. The Lightning Carnival was a great challenge for the U9s with matches against much higher ranked opponents. Had we been keeping scores we may have seen 3 wins for the day which was an excellent way to finish off the season and should see the Bears go charging into 2020.

A huge thanks go to all of the parents who helped out throughout the season. In particular Tony our team manager, our assistant coaches Greg and Steve and Matt Graham and Cooper as our parent umpires who did a fantastic job throughout the season. We couldn't have functioned without your support.

### Luke White

"I was very proud of how far they had come over the course of the s<u>eason."</u>

## **Under 10 Girls**

It was a great privilege to be the coach of the Club's first Under 10's girls' team.

In the pre-season there were some doubts we would have enough players for a team, and with only seven registered by round one, it was a shaky start. In the following weeks, with great support from the Club and parents, the numbers steadily grew. By the end of the season there were sixteen players in total, from six different schools.

Only four of the girls had played football the prior year, and many had not even done Auskick, so there was a big focus on the fundamental skills at training throughout the year. We incorporated match simulation into many of the drills, and were very impressed with just how competitive the girls were, with strong tackling, fast ball movement, and everyone wanting to kick goals.

To make sure the girls got the most out of training, we introduced a set of team values and behaviours. Each week a player was selected as captain who demonstrated the following at training:

- Staying focussed and attentive
- Demonstrating the desire to learn and improve
- Encourages, supports and helps their team mates

• Apply themselves to each drill and game with enthusiasm and commitment

After the round 4 grading, the girls experienced a long streak of success on the field, with some very dominant performances. Improvement was seen in every player, with the girls often leaving the parents amazed at their abilities and courage to try new things.

The team was put into a strong group for the lightning carnival, and managed two very good wins first up. However the final game was tough, and they were beaten by a very good team. The girls were quite flat after that game, by I was very proud of how far they had come over the course of the season.

I like to give a big thank you to all the parents who took on roles during the year, especially Casey (Assistant Coach), Kristine and Emma (Team Managers), Sherelle and Nathan (Trainers), Josh and Peter (Field and Goal umpires).

Well done to all the girls, and hopefully we'll see them all back next year.

Marcus van Lint







## **Under 10 Grizzlies**

The Under 10s raced out of the blocks this year, starting training earlier in the year, and focusing on getting fitness levels up.

Early season beep tests were a highlight, particularly when parents got roped in to challenge the kids. A preseason hit out against Murrumbeena gave us a good idea of where the team was at.



After the logistical difficulties of a large squad in 2018, it looked like the Under 10s were set for another year of rosters and time on the bench, but a last minute recruitment drive left us with 37 players - just enough to split into two teams, Grizzlies and Polars. A big thank you to Nikki and Tony for stepping up and taking on the big roles with the Polars, while the 2018 crew kept on with the Grizzlies. This meant that both squads were very marginal on numbers each week, so it took a great coordinated effort from the U10s Grizzlies and Polars, and the U9s, (thanks, Luke!) to make sure we could put full or near-full sides on the park each week.

To maintain our Bears Under 10s team spirit, both teams trained together, with inter-team practice matches to really hone teamwork.

The Grizzlies had a one-point loss in round one, but then went from strength to strength, winning their next few matches convincingly. In the depths of winter, with a few players sick, injured or on sunny holidays there were a couple of narrow losses, including one tough outing against Port Melbourne (more on them later). The Grizzlies finished the season with three strong wins including a tense one point win against East Brighton in the final round.

On to the Lightning Carnival, and the Bears were very excited at the prospect of competing with an actual flag on the line. In atrocious conditions at Port Melbourne, the first match was against the locals who had beaten the Grizzlies five weeks before. This time the Grizzlies came out to play, and with huge early pressure easily accounted for Port, before wins against Ashwood and East Malvern. Despite the bucketing rain, the Bears sprinted back to the marquee to sing the song with gusto and be presented with the Lightning Carnival Premiers flag. Well done to all the players on a great effort.

One of my favourite moments of the season came in round six, when Ed marked strongly and kicked a great goal - his first for the Bears. Unprompted, all the other seventeen Grizzlies ran up and got around him to pat him on the back, showing the Bears spirit we've tried to encourage through training. On top of that, the improvement shown by all players across the season has been really positive, and I'm especially proud of the good attitude and fair play displayed by all the Grizzlies all year.

Once again, our parent group was superb, role modelling a positive attitude towards the game, the umpires and our opponents. Special thanks go to Dave as assistant coach, Matt running the team smoothly while also Team Manager Coordinating, and Buzz finishing up his parent umpiring duties (with this team at least).

Bring on 2020!

## Derek Waters



## **Under 10 Polars**

With the help of 10 new players we managed to field a 2nd Bears U10 team. This was great for the kids who were now able to play a full game time each week.

We had to act quickly as we had just over a week before the 1st game of the season to put the new team together.

The 2 teams were split generally by schools, the Polars started with 20 kids from 10 different schools, half, who had not played for the Bears and nearly half of those who had never played football before, so we had our work cut out.

Pre grading proved to be the biggest challenge as the boys struggled to get to know each other and also getting used to the gap between our more experienced players and those that were discovering football. Training numbers throughout the season were strong as was their temperament and willingness to listen and learn. We spent a lot of time building the confidence and skills of the guys new to football as well as those that had played for some time (Derek and others at training played a big role here). We also managed to give some experience to U9 and U8 players to chip in when numbers were low.

Our message was fairly simple for much of the year, essentially to kick long and either mark or run onto the ball and to keep on our opponents when we didn't have the ball and play as a team. Post grading still proved to be a challenge for first few weeks and it wasn't until the 2nd half of the season where we started to see it come together. As we started to progress from 1 quarter to 3 and 4 quarters of playing consistent team football with good focus, we really started to see results and became very competitive in every game.

The smiles and happiness on their faces as they won their first game late in the season was a delight and to belt out the club song, one which only a handful of players knew, but this did nothing to dampen the enthusiasm, will be treasured.

After our late season form we went into the lightning premiership with confidence that was matched by really effective play in extremely wet, cold, and windy conditions to win game 1 and be very competitive in the 2nd. Ably helped by the guidance of caretaker coach Troy, A fitting way to finish a season, which was highlighted by excellent improvement in skills, teamwork and overall contribution and participation. As the most improved team in our division, in my thinking at least! We took away many memories of fun, mateship and playing for the Bears jumper. Great work Nikki and Dave J off field for their amazing work and for so many others that contributed.

We looked forward to season 2020 and can't wait to see the continued improvement from our team.

## Tony Hogan





# "At the end of the day, we do it for the kids"

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## Under 11's

Season 2019 saw the under 11's go in with a list of players totalling 25.

Our new players were Gabriel, Will (returning), Harry and Isiah (a Caulfield Bear, but new to our team). Every game we played during the home and away season was close with the bears winning 12 of their 15 games. At seasons end we found ourselves 2nd on the ladder which meant a finals campaign. The first final was a narrow win to the Bears over St Peters by 2 points, a great team win. Next up was the Grand Final where we took on the undefeated East Malvern. The game was a good one, a very tight contest. It was only in the second quarter where East Malvern put together 7-8 minutes of quality football that turned the game. All in all, a great effort by the boys to reach a Grand Final in their first year out of modified rules. Our Best Finals Player across the two games was awarded to Jack Curwood.

The team were fantastic at attending training, and as the year rolled on the concentration levels improved enormously. The coaches worked hard to balance the team to ensure all players got a fair go and at the same time try and get some team success. Our main game day strategies were simple;

- 1. Get the ball be first in
- 2. Tackle hard, frequently and fairly
- 3. Always stay in the game talk, tackle, concentrate and do the little things in the form of a good tackle or chase
- 4. Play your role whatever that may be

Our side was fierce at the contest and this was often mentioned our opposition. I think this is what made us competitive in each game and really became our point of difference in what was a very strong div.

A big thank-you to our wonderful volunteers – Karl and Sandra, Team Manager's – Jodie and Penny, Trainer's – Michael, Assistant Coach – Peter, Runner and parents such as Mick and Josh who worked hard to get to and help-out at training.

### Our awards were as follows;

Best & Fairest 1st: Lewis Goudie Best and Fairest 2nd: Lucas Kennedy Best and Fairest 3rd: Grady Kerin Most Consistent: Jack Curwood Most Improved: Ryan Sternbergs Coaches Award: Max Cahill









## **Under 12 Girls**

The U12 Girls are an exceptional football team and have a great future ahead and as the only Bears team to play Division 1 they did the club proud.

As a first year coach, it was an absolute pleasure to coach a great group of girls, who turned up every week for training and on game day with smiles and eager to play. Throughout the year, the team was supported by a great group of parents that embraced game day with a passion that rivalled the smiles on the girls faces.

Preseason started in the area next to the oval as the cricketers finished their season. The girls embraced pre-season training with many reuniting friendships from last year's U12 Girls Grizzlies. It was great to see the team pick up where they left off from last year and welcome a number of first year players to the group.

As preseason drew to a close and practice games got closer the girls were given some homework to come up with the team "rules". The team responded with great enthusiasm and the following four words (in no particular order) were agreed to:

- Respect
- Safety
- Fun
- Talk

These words were taken in to every game and training session. This was great to see and a credit to them.

Being the only Bears team in Division 1, the pressure was on and the season got off to a great start with a solid win over Beaumaris. Although the season was tough with the girls on a number of times finding themselves playing against a taller opposition, the girls never dropped their guard and approached the each game with equal amounts of enthusiasm.

This enthusiasm paid off with a winning streak that saw the Bears topple St Peters, who were sitting on top of the ladder undefeated in round 12. This win was followed by probably the best performance of the year against Mordialloc Braeside, which saw the girls get up by 4 points after being down at 3 quarter time.

Tashi, Claudia and Maya played every game, which is an absolute credit to them (and their parents!). No-one summed up the team spirit more than Sienna who missed the first half of the season with a broken collar bone. She came back in to the team with vengeance and made up for the missed games, narrowing missing out a best and fairest award. A big thank you to Alex who as team manager kept everyone organised. A special call out to assistant coaches Adrian and Michael who provided great training and game day support. And of course Jacinta and Tim, that were at every training session. The team and myself certainly couldn't have done it with the support of the parents.

#### Awards:

Best & Fairest 1st: Sophie Hamilton Best & Fairest 2nd: Claudia Wotherspoon Best & Fairest 3rd: Destiny Mackinnen

Go Bears!

### Simon Milne



## **Under 12 Grizzlies**

A tough preseason training schedule primed the Grizzlies for the season ahead and instilled the team values for the year.

The theme for the year was "total football", developing all of the key skills and attitudes that are required to enjoy and succeed in football and more broadly was a major focus.

The grizzlies hit the grading games with a sense of excitement and nerves. With 4 outstanding performances through the grading period, recording 4 wins, a move to a higher division was expected. However, our early season form saw us move up 2 divisions. The Grizzlies embraced the new challenge and prepared for tougher competition in division 4. Our first game in division 4 proved to be one of our greatest tests for the year, holding onto a slim lead at 3 quarter time we were able to hold off a surging Oakleigh Dragons team to claim a tough victory.

As the season rolled on it became apparent that finals football was a real possibility for the Grizzlies. We continued from strength to strength working hard at training on specific game plan structures and skills. Having a sweeper at stoppages, ball movement patterns and forward craft were all key skills that led to our continued success. The Grizzlies finished the home and away season only being outclassed on two occasions. Having earned second place on the ladder behind Oakleigh we headed into the finals with confidence. We were matched up against Murrumbeena in the semifinal, a team we had managed to beat by 6 points the week before. The Grizzlies started the game on fire with immense pressure and tackling. We struggled to convert on the scoreboard and kept Murrumbeena in the game. In the end though our pressure and skill proved too much for a courageous Murrumbeena.

The stage was set for a great grand final against Oakleigh. The ledger for the year was 1-1, with tight margins of 3 points and 7 points it promised to be an epic battle for division 4 silverware. The grand final was a scrappy contested affair in which Oakleigh took their opportunities while the Grizzlies struggled to convert good chances. The Grizzlies were never beaten in the contest but a lack of conversion and a 30-minute delay for lightning which produced a heavy downfall dampened chances of a comeback. Despite this the Grizzlies steeled themselves and produced a 4th guarter that showcased everything we had worked hard for all year. Ultimately Oakleigh proved too strong and were deservedly crowned premiers.

Special thanks goes to Pat Kerin's U11's who routinely loaned us players as the injury and travel curses hit. Many thanks to Grady, Jack, Frankie, Raph and Isaiah for your help throughout the season. Another special thanks goes to Sophie Hamilton who played with the Grizzlies throughout the season and finals.

Without the assistance of Adrian Nelson (assistant coach) and Simon Williams (runner) at training and on match day the team would not have developed the skills and attitudes that led to such a successful season. Many thanks must also go to team manager extraordinaire Katherine Roberts for keeping the Grizzlies in line.

Thank you to all who made the season so enjoyable, I'm looking forward to seeing everyone back at the club next year.

### Awards:

Best & Fairest 1st: Cameron Green Best & Fairest 2nd: Kristian Taalikka Best & Fairest 3rd: Ethan Rayner Most improved: Jackson Jeanes Team spirit award: Asher Mckertich Coaches award: Joel Farrar

Lachlan Rayner







## **Under 12 Polars**

This year the Under 12 Polars had a total of 20 players. This was an increase of 3 players from the year before and all 17 players from the previous year played in 2019. Our 3 new players comprised of 2 players from St Paul's McKinnon and a past player from the Bears (Ben Fardell).

As we were the premiers in 2018 Under 11s Division 2, we had to face the hard task of playing 4 grading games against a mix of Division 1 teams and strong Division 2 teams. Some of these Division 2 teams were hard graded, as the Polars were not hard graded we faced a very tough task from week to week.

The grading games certainly rocked the confidence of the boys and some of the boys really struggled to regain their confidence for many weeks. However throughout the year we were very competitive and during the regular season we only struggled against the eventual reigning premier, being Beaumaris. Generally the results were a loss between 15 to 35 points and in the latter half of the year our form really improved and we ended up winning 3 games (4th won 6 games).

Our eventual position of 7th (2nd bottom) did not reflect the closeness of where we were compared to teams from 3rd to 6th. Certainly division 2 was a task with our list, however the coaching staff was very proud of the boys efforts throughout the year and we received great support from the parents.

### Awards

Best & Fairest 1st: Rory Wright Best & Fairest 2nd: Noah Will Best & Fairest 3rd: Tom Walsh

Shane Walsh

## "I couldn't have been more proud of the boys"

## Under 13's

Pre-season saw the attrition of many players from the age group due to commencement of private school sports and pursuing other interests, leaving to one team with a list of 24 players.

Whilst that may have seemed a long list to manage, it was much needed due to injury and absence throughout the year.

After a good few weeks of pre-season, the boys commenced well winning their four grading games in Division 3, having come down from Division 2 the previous year. Post grading the team managed to stay in Division 3 which gave them a good chance of progressing well. Not being a tall side, we run with a F.A.S.T theme, having a game plan that saw us moving the ball Fast, Attacking the ball, Switching well (offence and defence) and doing the Team things. There were fantastic examples of this in these rounds.

Maybe a case of resting on our laurels, we lost our next 4 games and all of a sudden had a fight in front of us to be competitive enough to win some games. It was a good reality check and reinforced that all the boys need to do their bit for the team to be successful.

To the boys' credit, they turned things around to win their next 3 games and started to do more often the things they promised to do in the game plan. With regards to training, we continued to focus on skills and competitiveness as they needed improvement in both areas.

As the season draw to a close, we needed to win the last two games to make the finals. A near last kick goal against Dingley in second last round was one of the better performances for the year and kept us alive. The boys form then improved again last round when they beat Brighton comfortably. This was great as it gave the kids a chance to experience finals. We went into this game against Port Melbourne/South Melbourne giving ourselves a real chance. The boys played their lights out, one of the best, if not the best, game for the year. After a slow start they were 20+ points up in the 3rd but some quick goals by PMSM saw only two points in it in at the last change. Enormous effort in a tight last quarter but neither team scored a goal and we went down by 3 points. It was a painful way to finish but I couldn't have been more proud of the boys.

Over the season I saw some real improvement by the developing players and a change in attitude to want to compete. I also saw some great leadership development from some of the stronger players, led by captain, Ged Saunders and vice-captain, Lucas Bremner. Lucas had a dominant year and took out our best & fairest from Quinn Cooper and Lucas Agar who also had very consistent years. Most Improved went to James Gearon, Best Team Player to Ged Saunders and the F.A.S.T Award to Ben Lascelles.

Thanks to my assistant coach, Matt Joyce, and Team Manager, Noel Thurlow. I thank the club for giving me the opportunity to coach which is very fulfilling... it is a great group of parents and boys and I would look forward to the opportunity to continue.

### Awards:

Best & Fairest 1st: Lucas Bremner Best & Fairest 2nd: Quinn Cooper Best & Fairest 3rd: Lucas Agar

Rowan Brittain





## Under 14's

Season started off with three former players returning and three new recruits. Unfortunately we lost one player for the season with an knee injury and another for the majority of year.

Not Ideal but that's footy. After last season we were graded up unfortunately this resulted in a couple of tough games at the beginning of the year that could have deflated the boys until common sense took place and we were re graded.

To our boys credit they never lost faith and worked harder on the training track which resulted in a couple of fantastic results throughout the remainder of the season.

Team finished second for the season, a great result in itself, which resulted in another finals appearance. Whilst the finals results didn't turn out the way we had envisaged it wasn't through the lack of effort. The boys should be proud of their efforts throughout the year with strong improvements from all players which also comprised of a couple of first year players.

A big thank you to Justin, John, Mike, Simon, Nerida and Tasha for all your hard work and to the parent group for your continued support throughout yet another season. Congratulations to King Le on winning the best and fairest in our division. A great personal effort of which Justin, myself and the team are proud of.

### Awards

Best & Fairest 1st: Gabriel Gauci Best & Fairest 2nd: Patrick Gerrand Best & Fairest 3rd: Jackson Cauchi

Gary Birrell



## **Under 14 Girls**

Season 2019 we had great mix of girls of old and new. With 18 new girls joining the U14's squad from U12's or as fresh faces to the club the season started with promise.

The pre-season training started in early February with lots of hot sessions where the focus was on improving the girls skills, fitness and understanding of the game. As 15 of the girls were starting year 7 and their secondary education there was lots of camps, school activities and girls finding their feet so training felt a very distant second priority.

When the season started the girls clicked into gear. As coaches we wanted to push the girls and asked the SMJFL to be graded in Division 2 and the girls got off to a great start against Prahan in the first game and had a massive win. In weeks 2 and 4 we suffered some decent losses to teams that would eventually be graded in Division 1 but never did the spirit of the girls waver against some much bigger opposition. We finished grading winning two games and losing two and being graded in Division 2.

The start of the season in Division 2 got off to a flyer at KP with a fantastic win over much bigger opposition. It was to be a theme of the season with the girls most weeks much smaller than the opposition but the bears were much quicker, skilful and determined than our rivals. Highlights from the season:

- 24/25 girls received Best & Fairest votes
- 5 votes split 1st to 5th in the Best and Fairest showing how they are a real team
- 7 of 11 games were won
- Finished 3rd on the ladder but lost a hard fought elimination final
- Played the game in the right spirit every week in face of tough opposition
- Lost to teams who played in the GF by only a kick and gave them a scare
- The 5 older girls led by example in training standards and following coach instructions
- In the following games the girls desire to win and make finals was exemplary
- Brighton played in freezing and windy conditions. St Pauls which was a must win game and the girls just hung on. St Bede's played underwater against much bigger opposition
- Three girls in interleague Violet Dunn, Jasmine Conrad and Gisele Hennequin
- Singing of the song in final round when the girls knew they were playing finals
- Bond the girls built between each other and friendships that developed
- 5 new to the bears with 4 new to football

## Congratulations to the following award winners:

Best and fairest 1st: Jasmine Conrad Best and fairest 2nd: Anika Stehbens Best and fairest 3rd: Charlotte Brewer Coaches Award: Alannah Fyfe Most Determined: Lucy Williams and Most Improved: Catia Bodasso

It was a privilege to coach this group of girls in 2019 and have such a successful season. The sky is the limit for 2020 as the rate of improvement of the girls in 2019 was exceptional from each and every girl. Every girls brings something positive to the team and I look forward to seeing every girl back at the bears in 2020.

A massive thanks to my assistants Matt Brewer and Damian Vendy who were absolutely brilliant for both me and the girls. A huge thanks to Francesca our TM, Alain our trainer who was supported by Sherelle and each and every parent who helped on match day and at training.

Adam Conrad



## Under 15's

We welcomed new and old players this year. With Jared Freedman, Kevin Healy, Gerrard Jackson, Jordy Joubran, Tom Magart and Ben King joining us to make a very different team in 2019.

An inauspicious start with a big loss in the practice match proved to be a false indicator as the Bears won seven of the first eight matches and found ourselves one game clear on top. Four more wins from the last seven gave us an excellent 11-4 win-loss ratio for the year and 8-3 in the regular season to finish third.

Highlights in the regular season included a come from behind win against East Sandy Rovers in Round Six. Down five goals to two at half time, the Bears were getting the run around by a faster and more committed opponent. After a half time wake up the players came out and kicked five goals to none in the second half to win by two points.

We were all extremely pleased with our first final. We kicked seven goals to one in the first half and played our best football for the season. Typified by a tight defence and fast ball movement over the ground with every player playing their role. There is something especially satisfying about working hard all season and then bringing your best on the biggest stage. However we knew our second final playing last years premiers would be a challenge. We had to change the way we set up and the players responded brilliantly to a different game plan for the bigger ground. We went in at half time down five goals to six but couldn't maintain the run in the second half. Our opponents finished the game stronger but the Bears could walk off heads held high knowing they'd prepared well and had given it everything on the day.

Other highlights of the season included:

- Never losing two games in a row the team always bounced back.
- The team worked hard on their fitness and hence only lost two last quarters for the season.
- Never gave up a half time lead while teams came back hard at us we always managed to dig in and hold them out.
- Well done to our player elected captains Charlie Clancy, James Cooper and Miro Foldvari. They got to training early each week to talk about how to be a good leader and captain and lead our team superbly on and off the field.

Thanks to the following parents who made sure the team performed at their best:

- Assistant Coach: Andrew King a genius with the whiteboard. He made sure the team was at a high level of fitness
- Runner: Dameon Williamson clocked

up the Ks making the incoherent and irrelevant, coherent and relevant.

- Medico: Mark Trumble had some difficult injuries this year but handled them superbly.
- Team Managers: Peter Foldvari and Paul Arthur – the hardest job in junior sport, like all good team managers everything appeared smooth, and it was.
- George Cooper and Mark Callaghan for their help at training and on match days.

Thanks to all the parents for jumping in whenever they were needed and those that took on regular jobs. Like all Bears teams, a fabulous of group of families which made the year a lot of fun and saw us play some great footy to go with it.

### Awards:

Best and Fairest 1st: Jared Freedman Best and Fairest 2nd: James Dimagotsi Best and Fairest 3rd: Andrew Callaghan Rising Star: Luca Trumble Player of the finals: James Arthur

**Coaches Awards:** Sahil Kumar and Kevin Healy





## Under 16's

Late November 2018, Koornang Park. Enthusiastic players, both old and new. Some of the players had recruited friends from other teams and preseason was under way.

We trained hard for four weeks leading up to Christmas and resumed in late January at East Caulfield Reserve. At the end of pre-season the playing group chose their leadership group: Nicholas Karamihos (captain), Campbell Kiely (vice-captain) and Dom Hart (deputy vice-captain).

April 28, Round 1. The season had finally arrived and we had 25 players on the list, a luxury not seen before in the history of this team. In the first quarter of that first round match we kicked 7-3 to nothing. Wow! We won that match by more than 9 goals and we were under way. What might the season have in store for us?

At the end of the grading games (4 wins, no losses) we remained in Division 3, although a new Division 4 was created, so we were effectively promoted. We lost heavily in rounds 5 and 6 so were put into Division 4. Thereafter, we won 7 of the last 9 home and away games, finishing third. This was the result of continued hard work and dedication by the players. We won a close 1st Semi-final over Ajax and finished strongly to win the Preliminary Final against St. Bedes/Mentone. We played East Brighton in the Grand Final on September 8. Congratulations go to them, they were too good for us on the day. Still, we made the Grand Final, a huge achievement for the team given were we'd come from in early 2017. The players should be proud of their effort. I certainly am.

There were quite a few milestone games this season. Boopa Munasinghe, Ethan Harty, and Adam Pacak reached 50 games. Jordan Gibbon, Will Nichols, Nicholas Karamihos, Mitchell Blitsas, Ty Hewett and Cormac Dungan reached 100 games. Well done guys!

I should mention that Boopa missed a couple of games and a number of training sessions due to his cricket commitments. He has been selected in the Victorian schoolboys cricket team. Congratulations Boopa, what an all-rounder!

#### **Best and Fairest results:**

1st: Nicholas Karamihos (also named Best and Fairest in the SMJFL Div 4 awards);
2nd: Dom Hart:
3rd: Lachie Smith;
4th: Campbell Kiely;
5th: Ty Hewett; and
6th: Harry Beet.
Congratulations guys! I must thank Andrew Callaghan and Haddi El Shorbagy from the U15s, who played a few home and away games with us.

Thank you to the committee for its support of the team this year, especially Eleni Karamihos. Eleni is unwavering in her dedication to the players in the team.

Thanks must go to all the parents, a wonderful group of people, for their matchday contributions and continual support of the team. Particular mention must be made of the efforts put in by: John Lanaras (forward coach); David Hart (backline coach); Scott Harty (runner and midfield coach); Jo Harty (trainer); Andrew Gibbon (water carrier); Jane Harding was excellent as team manager, again, as always. The team functioned so smoothly all season due to her hard work and attention to detail. Finally, a special thank you goes to assistant coach Tim Nichols: a good and loyal friend.

We've coached together for many years now and I couldn't ask for a better assistant. His honesty, hard work and football insight is so highly valued by the players and myself. Tim, along with everyone involved in the team, understands that Bears football is about



the boys playing footy with their mates and enjoying themselves while learning important lessons and life skills along the way.

I'm so proud of the players and their hard work, positive attitude and continued improvement this year. Well done guys! I really mean it when I say it's a privilege and an honour to be their coach. They're a fabulous group of young men.

Thank you to everyone connected with the U16s in 2019 for believing in the team and working so hard. I hope to see them all again when we continue our journey in 2020.

## Andrew Beet





## **Under 16 Girls Polars**

The 2019 u16 Girls footy team played a season of inspiring committed football. We finished second on the ladder and made it all the way to a Preliminary Final.

We played the season with passion, commitment and enthusiasm. Our goal at the start of the season was to improve every week... and week in, week out we got better. Well done footballers.

A couple of off-field highlight were sitting in a box at the MCG watching Carlton v Adelaide with Steve Morris, the Richmond VFL captain. Steve is professional, passionate and articulate and gave the girls a range of fantastic insights into modern football and the Richmond culture... Bring the heat to the contest, spread hard when you get the ball, defend the bubble (the 80 metre circle that follows the ball) and look after your teammates. The next day we recorded our biggest win, 76 to Nil. Without Steve's insights I don't think our season would have been so successful.

This was followed by a training session hosted by Premiership player and coach, Mark Williams. Mark is an exceptional communicator, he built incredible rapport with the team within five minutes and improved the girls kicking dramatically in one session. Mark's four point formula for all footballers: Be smart, be a good runner, be a great kick and win 1 on 1 contests. Thank you Mark and thank you Liv Hamo.

Our season came to an end one victory short of a Grand Final and this hurt a bit. We really felt we could take it up to any opposition. Unfortunately, we could not kick a winning score during the finals.

We all very much hope the girls enjoyed their season of football and want to make the commitment again next year. 2020 will be better again. Footballers, make sure you get off your screens and start kicking the footy with your mates and let's go all the way next year.

It takes a village to field a football team and our successful 2019 season would not have been possible without the tireless support of all the families and volunteers involved over the season, with special mention to Jacinta Hamilton, Tim Hamilton, Matt Elliot, Paul McDonough, Pat Jost and Tony Weigard. Thank you everyone for your support, encouragement and passion.

### Awards

Best & Fairest 1st: Eleni Nicholls Best & Fairest 2nd: Philippa Sharman-Smith Best & Fairest 3rd: Sienna Rogers

Nick Rhoden



## Under 17's

It all began in Feb 2019, Pre Season brought many new faces and some old Bear Cubs returned as well as the Auskick crew from 10 years back.

To the credit of our club we maintained our welcoming accepting attitude that has stood strong and given all players opportunities to play and develop their footy and personal skills.

We have always built the environment to enjoy footy and give all players equal opportunities unlike several other clubs who fall by the wayside.

This is what the Bears are all about and should be proud of it.

So with a list of 30 we began the grading... and as usual the games began. We won all of our grading games with a few boys missing out due to the numbers, a good problem to have resting players, but none of these guys wanted to rest.

Footy is so unpredictable, as now began our injury list, 8, 9 players injured or unavailable, with season ending injuries to two very good players Josh Agar & Thomas Robinson.

APS Footy took its toll as well, with injuries to our key players & a bad back injury to our Captain Fraser saw him only play 4 early games before coming back for finals. The Team lifted, trained hard and worked together and won 13 out of 16 games, the only 3 losses was to the eventual winner St Kilda City. Statistically our best season since I have been involved and pretty stiff not to win the Grand Final in terrible conditions.

We went down fighting and gained respect from all in what was a crazy season. Two ambulances called, One Game called off, Head Counts, Melee and investigations behind the scenes was novel worthy, but the boys just keep working together and had a sensational season on and off the field.

Their mateship blossomed, this was the highlight for me, the boys became men and have formed a bond that will be strong for many years to come. Thank you for indulging me over the past 5 years and to all players for their respect and support.

Thanks to Peter Bremner and the Bears committee, in particular Gary Birrell, Katherine and Andy Baldwin, it's a very time consuming job that the committee does voluntarily, it is much appreciated. To the coaching team, Pete Manakis for his support and commitment and Andrew Thomas and Jason Woods, all play a major role in the Team and how we want to play, thanks for all the Coffee's and Pizza meetings its been so enjoyable.

Jason Woods as Team Manager, he does many little things that make a big difference.

To all the Parents that support their sons and attend the matches and assist in all the roles we need to get the boys on the field.

We were very lucky to have Jane Banting and her Physio team provide the guys with treatment for recovery, it was a great incentive to get to training early.

To all our families that support and encourage us and to our young Men that we are so proud of, you inspire us and I am sure we will all remember this year as a success, WELL DONE BEARS.

### Awards

Best & Fairest 1st: Spencer Hankin Best & Fairest 2nd: Liam Woods Best & Fairest 3rd: Henry Nicolay

## Marc Bullard

"Good luck to all the U17's who finish their junior football career!"













## 2019 Milestones

Name	Team	Games
Caspar D'Arcy-Fox	U11	50
Christian Howard	U11	50
Cooper Acklom	U11	50
Lewis Goudie	U11	50
Lucas Kennedy	U11	50
Luke Mahimarajan	U11	50
Mackenzie Malin	U11	50
Jack Curwood	U11	50
Nicholas Callaghan	U11	50
Raphael Gauci	U11	50
Isaiah Teycheney	U11	50
Jack Conrad	U11	50
Asher McKertich	U12G	50
Daniel Affinita	U12P	50
Oscar Liem	U12P	50
Sophie Hamilton	U12 Girls	50
Claudia Wotherspoon	U12 Girls	50
Marcus Prins	U14	50
James Arthur	U15	50
Jared Freedman	U15	50
Adam Pacak	U16	50
Boopa Munasinghe	U16	50
Ethan Harty	U16	50
Dylan Rawack	U17	50
Jem Coppin	U17	50
Harry Nelson	U14	100
Evan Margaritis	U15	100
Jack Besnard	U15	100
Lucas Baldwin	U15	100
Thomas Williamson	U15	100
Luca Trumble	U15	100
Ty Hewett	U16	100

Name	Team	Games
Will Nichols	U16	100
Mitchell Blitsas	U16	100
Nicholas Karamihos	U16	100
Campbell Kiely	U16	100
Cormac Dungan	U16	100
Jordan Gibbon	U16	100
George Ganavas	U17	100
Kai Baker-Hill	U17	100
Thomas Robinson	U17	100

Thank you to all our volunteers and members, we look forward to seeing you all back next year! Go Bears!





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## Caulfield Bears Junior Football Club