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Family night this Sunday at the Bear Cave



ISSUE 4 2016

CAULFIELD BEARS JUNIOR FOOTBALL CLUB

11th MAY 2016

THIS WEEK IS ROUND 5

MAJOR SPONSORS



Regrading.

Late on Wednesday night, the SMJFL announced its official re-grading for Season 2016, and therefore its fixture for the 2016 season. Updates can be found on Team App or the SMJFL website.



ROUND 5 FIXTURE

Team	Home	Away	Location	Time
U9 Grizzlies	Cheltenham Panthers	Caulfield Bears	Le Page Park	8.30am
U9 Kodiaks	Caulfield Bears	Mordialloc Braeside	Koornang Park	8.45am
U10 Grizzlies	Caulfield Bears	Ashwood	Koornang Park	10am
U10 Kodiaks	Ormond	Caulfield Bears	Glen Huntly Park	8.45am
U10 Polars	Oakleigh	Caulfield Bears	Princes Hwy Reserve - East	10am
U11s	Caulfield Bears	East Malvern	Koornang Park	11.15am
U12 Grizzlies	Caulfield Bears	East Malvern	Koornang Park	12.45pm
U12 Polars	Dingley	Caulfield Bears	Souter Reserve	11.30am
U13s McKinnon Caulfield Bears	McKinnon Caulfield Bears	Port/South Melbourne	McKinnon Reserve	9am
U14s	East Malvern	Caulfield Bears	Darling Park - Basil Reserve	12.30pm
U15s	Caulfield Bears	Bentleigh	Koornang Park	2.15pm
U16s	BYE	BYE	BYE	BYE

PRESIDENT'S MESSAGE

Player safety

At the Caulfield Bears, we take the safety and well-being of our players very seriously and it is our highest priority.

This weekend saw a number of injuries across our teams and whilst in a perfect world these would not happen, the reality is that football is a contact sport and unfortunately we do see accidents occur.

There is a perception that football poses higher risks than other sports, but that is not the case; the number of reported incidents happening in junior soccer and



even in the playground at school is comparable to those seen in junior football. You only need to look at the number of broken arms of players in our modified rules teams that occurred over the summer holidays to see that in evidence!

At the Club, we go to great lengths to ensure that our players are well looked after on game day. For all home games, we have our 'On Ground Trainer', Jess Yates (Paramedic Student), in attendance and Jess is there to assist throughout the day with any issues that may arise. This extra level of support is not mandated by the League, it is just something extra that we offer.

We also have committee members rostered onto each home game acting as 'Ground Stewards'.

In the event of a medical emergency (on or off the field), the Ground Steward takes control in accordance with the Club's operational "Medical Emergency Plan".

Each Team is looked after by a qualified Team Trainer. Each of these volunteers have undergone a minimum of Level 1 First Aid as well as CPR training and this is updated every 12 months. In addition, those looking after the Under 13 and above age groups have completed the "Emergency Response Training" in line with AFL standards. We are fortunate that many of our Trainers are in fact qualified medical practitioners (Doctors, Nurses and Physios) giving extra reassurance.

All of our Trainers are briefed in correct emergency procedures and if in any doubt as to the severity of a condition, we will always urge on the side of caution and send players to hospital for a comprehensive check. This is a timely reminder to ensure that you have up to date ambulance cover as our Trainers / Ground Stewards will call for an ambulance if they deem it necessary.

Our Coaching staff are fully supportive of their Trainers and if a Trainer feels that a player should not continue with a match, then this will override any other factor irrespective of how close a game may be or the perceived importance of that player to the match.

Finally, apologies to those couple of mums who spent their Mother's Day afternoon in a hospital emergency department - not quite the afternoon of pampering you were expecting and we wish all of our injured players a very speedy recovery.

Louise Nelson, President

Contact Us

Club Website

caulfieldbears.com.au/juniorteam

Facebook

For the latest in social media, visit facebook.com/

CaulfieldBearsJuniors

Team App

Team App is the preferred communication method for CBJFC – make sure you install and enable notifications to stay up to date with your team's news, fixtures and events. Available via the App Store (Apple) or the Play Store (Android) – simply install the app, and find the Caulfield Bears Junior Footy Club.



caulfieldbears.com.au/juniors

CLUB NOTICES

Match Report Guidelines for Club Newsletter

Please note that after feedback last season, we have changed the guidelines this year for the Bear Facts. We have established a template for those completing the match report to use. This has been issued to all Team Managers who will forward it to you when you are writing the

match report. Please note 250 word limit. To ensure Bear Facts is out on time each week, Match Reports are due by midday Monday to



CBJFCnewsletter@gmail.com.

Match Day Photos

If you have any photos of your teams for our newsletter, please e-mail them to **cbjfcnewsletter@gmail.com**



INSIDE THE BEAR CAVE

Each week we introduce you to someone 'behind the scenes' that you may not have met before.

On Ground Trainer – Jessica Yates

Some of you may recognise Jess as she was our Canteen Manager in season 2015, but as a second year Paramedic Student, we've decided to put her medical skills to better use.

The On Ground Trainer is present at all home games as an extra support to each team trainer (both home and away). If any of the spectators get too excited during a game and need medical attention, then Jess is on hand without jeopardising the duty of care that team trainers need to give to their own players.

Jess also manages our first aid supplies and ensures that we are always well stocked in ice, bandages and lots of strapping tape!



The Bear Facts

caulfieldbears.com.au/juniors

SMJFL UPDATES

BlueQ Partners with SMJFL

The South Metro Junior Football League are proud to announce that BlueQ have come on board as a new Preferred Partner for Qualification Management and Compliance.

BlueQ is a safe and secure online platform for qualifications storage that allows users to access all of their qualifications – including coaching accreditation, Working With Children checks, first aid certificates, university degrees etc. With BlueQ users can not only store their documents (either publicly or privately) and share those with employers or managing organisations (such as your footy club).

It also alerts users to the impending expiration of qualifications and sends reminders for renewal, so you can always keep your qualifications current and valid.

The SMJFL uses the BlueQ platform to run coaches accreditation audits and ensure they all comply with minimum accreditation requirements. Additionally, all club committees will have a better coverage of the qualifications of all of their volunteers.

This will enhance the League's playing environment and improve the safety of SMJFL players both on match-days and at training.

"We believe that by using BlueQ, the SMJFL and its associated clubs have the best processes in place to ensure a safe and compliant competition. By reducing the administrative burden associated with compliance, BlueQ will enable these clubs to focus on what they do best; fostering an environment for great junior footy."

All Coaches and Trainers within the SMJFL will be sent a personalised invitation in the second week of the season. If you do not volunteer with your club in one of these match-day roles, you may still sign up for a personal account at blueq.com.au.





PARENTS, SAVE THE DATE

Book the babysitter now and put Saturday night, 16th July in your diaries for our Adults Social Comedy Night in the Bear Cave at Koornang Park!



U16s

Division 4

Caulfield Bears 11.8 (74) def Mordialloc Braeside 4.3 (27) at Koornang Park

1st home game for the year which rounds off the last of the division grading games. With a 2-2 result in the grading rounds we look to remain in Div 4 Damp conditions and the boys were up to it from the start. We jumped away and lead by 6 goals at the half way mark. Lots of in and under football as damp conditions call for. Heavy legs and fitness sorted a few out as the day drew on, allowing Mordi to stage a little fight-back in the second half. Eventually we stayed clear to run out winners by 7 goals. Congratulations to Michael Williams-Strong on his 50th game.

Goals: Israel 4, Martinez 2, L Mazzeo 2, Thompson 1, Walsh 1, Jeanes 1 **Awards:** A Israel, A Mazzeo, M Peel

U15s

Division 3 Caulfield Bears VS Dingley at Souter Reserve

NO REPORT





U14s

Division 3



Caulfield Bears vs Hampton Rovers at Koornang Park

On another wet and miserable day, we were up against Hampton at home. Bullys pre game address centred on the need to begin well, as in every game to date, the opposition had got away to a flyer. At the half way mark of the first term we were down 1-4-10 to zero and hadn't been forward of centre, so perhaps the boys weren't listening to well to the coaches words of advice! At this point the boys seemed to switch on, and we went forward several times, but on all occasions our forwards were playing from behind and allowing the Hampton defenders to rebound too easily. At 1/4 time we were down 16 to 0.

Hampton kick an early goal in the 2nd ¼, and a thrashing looks likely, then the group spring into action and dominate most of the term. Mazz kicks our first score, but only a point, then Harrison kicks our first goal, he got on the end of great teamwork from Josh & Finn Od. The ball again goes forward for us and Fraser finds himself on the end of a rushed defensive kick from Hampton and kicks our 2nd goal. At ½ time we were still 16 points down, but playing much better footy than the first term, with every boy lifting and contributing to the effort. In the 3rd term, Hampton are doing all of the early attacking and kick a goal. Fraser takes the game on, runs around his opponent and bounces away, gets the ball to Gordo who then kicks long to the goal square where Dylan takes a big grab and kicks a goal. Fraser is having a real purple patch, he puts his head over the ball, gets a free for a head high bump, kicks it long to the goal square, Hampton kick back towards Fraser who marks it and then kicks his 2nd goal. At ¾ time we were 25 points down, so some early goals would be required to get us back into the game.

The final ¹/₄ was dominated by Hampton who did all the attacking and scoring, and they ran out 37 point winners. Every Bear player contributed at various stages of the game, but too few are contributing to a 4 quarter effort and thus we are losing games by far bigger margins than we should be. The grading games are over, so hopefully a few wins are on the horizon.

U13 McKinnon Caulfield Bears

Division 5

McKinnon Caulfield Bears 2.4 (16) def by AJAX 8.6 (54) at Princes Park

AJAX FC

Today's match looked more like a rugby game at times. The ball was contested in large packs most of the day. When the ball came free, the opposition showed better speed and skills in the slippery conditions and at half time they had a commanding 35 point lead. In the third quarter our boys took the challenge up to Ajax. We dominated the quarter and maintained the ball in our half for most of the quarter. A brilliant defensive tackle by Max Wines in the goal square saved a certain goal and gave the team a real boost going into the last quarter. The team showed lots of courage and worked hard against an opposition who were better on the day. **Goal scorers**: Jack Tailby, Andrew Kim

Best Players: Nick Karamihos, Ben Mursalo, Harry Penhall, Adam Laskaridis, Harry Beet

U12 Polars

Division 2

Caulfield Bears 3.10 (28) def by St Peters JFC 5.7 (37) at Koornang Park



Well what a wet morning to play the game! All our Bears were fired up and excited from celebrating Mothers Day and already having got up early to cook breakfast and clean the house while Mum(s) enjoyed a sleep in...

Coaches Wayne and Mark had the Bear squad all fired up in the rooms and making some real noise before heading out onto the wet field: "Win every contest you go for !! Head over the footy! Do it for your Mums!"

First Quarter: The rain eased for the ball up, both sides were straight into it. Thomas Williamson celebrating his fifty games laid on one of the first tackles, and it was a good one! Nick touched the ball in the goal square to cap Saint Peters' first attempt at goal to just a behind. Byron intercepted a mark to turn it around for our boys to push the ball back down the right direction. Great disposal made next by Sahil, followed by Haydo staying upright in the muddy centre, while the competition tried to wrestle him down. Atticus took a great mark, using his height well amongst the rest, and kicked the footy on down towards the goal square for our first point. St Peters recovered by kicking their first goal. Both teams were wide awake by now, and the determination on both sides was clear to all.

Second Quarter: With the coaching staff encouragement at the break to "just keep pushing it forward" the boys turned it on as the siren went.

Luca 'Legs' Trumble grabbed the ball from the centre and ran across the wing like it was the

U12 Grizzlies

Division 4



Caulfield Bears 0.0 (0) def by Ormond 11.19 (85) at Murrumbeena Park

The Grizzles took on top of the ladder Murrumbeena at their home ground on a wet and slippery morning. It was always going to be a tough ask for the Grizzlies starting with just 18 players and no one on the interchange bench.

The first quarter was dominated by Murrumbeena but the Grizzlies were holding their own with Oscar Phyland holding up the backline, but when Harry Nelson was forced from the ground with a nasty blow to the head only having 17 players allowed Murrumbeena to hit the scoreboard. Early in the second quarter James Arthur left the field with a foot injury and then just before half time Jarod Prins landed awkwardly in a tackle and was also forced from the field, with only 15 players the Grizzlies showed amazing determination but Murrumbeena started to pile on the goals.

At half time the rooms look more like an emergency room than football change rooms, with only 15 players reinforcements were called in from the U11's, Hugo and Lucas answered the call. The second half showed what a tough resolve the Grizzlies have keeping Murrumbeena to their lowest score of the year. Jonah was the outstanding player for the Grizzlies spending the entire game on the ball and racking up a countless possessions, Aiden Chen and Captain James Cooper were valiant in the last line of defence all game and Teddy Friend and Clem Beazley were great contributors.

It was a tough day for the Grizzlies but they showed immense grit and determination and fought out the match to the very end.

U11s

Division 3

Caulfield Bears 4.2 (26) def by Bentleigh 8.10 (58) at King George Reserve



As the siren sounded to start the first quarter supporters were opening their umbrellas as winter football was getting ever closer. The Bears battled hard in the first quarter, the backline working hard and saving two goals through desperate play. Conditions were slippery but Lucas B managed a goal from centre half forward. A great mark to Charlie and huge tackle by Liam were notable highlights. Bentleigh kicked three goals to lead at the quarter time break.

In the 2nd quarter the Bears took the coaches message onboard and got their heads over the ball. Increased efforts made the team look better and limited the opposition scoring. Meanwhile Hugo B kicked a timely goal and team spirits lifted. Notable highlights were better tackling, longer kicks and more contested play as well as a long kick by Hugo which resulted in a behind. The coaches message in the 3rd quarter was to present for the ball by making position and staying mobile. The Bears made a strong start, locking the ball in to the forward line, resulting in a goal to Charlie B. A good tackle by Ben saved a goal and Will made a great smoother. Hugo kicked one into Charlie B, who kicked his second goal for the term in fine style. The Bears held Bentleigh to 1 goal and out scored them for the first time in the match!

The final quarter saw Bentleigh get on top despite the Bears' best efforts. Heals kicked a point, but otherwise scoring was hard. Tackling remained fierce, led by Luc, but it was not to be the Bears' day. Nonetheless it was great to see the team working together and following the coach's instructions, especially in the 2nd and 3rd quarters! A solid performance overall! **Grill'd Awards** to Will, Reuben and Liam. **Bear Bucks Awards** to Gubba and Banger **Goals:** Charlie B (2), Lucas B (1), Hugo B (1)

U10 Grizzlies

Caulfield Bears vs Ashwood at Essex Heights Reserve



As the winter chill set in on Sunday morning so did the cold hard reality of junior footy. The game started with some exceptional rucking by Rowland Hill, followed by hard defensive work by Ollie Jackson. However, persistent forward pressure (assisted with a strong breeze in by Oakleigh's favour) started to thwart the Grizzlies defensive efforts. Oakleigh's no.5 demonstrated great hands in the difficult conditions and kicked a couple of great goals.

In the second quarter Jake Gurrie delivered a swift response with a quality mark and goal. Setting an example for their team mates, Sam Luth and Jeremy Dalton showed great intensity around the loose ball. In response Oakleigh's midfield, marshaled by no. 3, stepped up gear and lifted their offensive pressure. This delivered a swift volley of scores for Oakleigh who sought to capitalize on some inconsistent defensive kicking by Caulfield.

Coach Gurrie used the half time break to remind the Grizzlies that they needed to show greater intensity around the ball and highlighted masters Luth and Dalton and role models. The second half started with some promising signs with Paddy Hanley showing great work in the ruck. Ollie Calder started to make his mark on the game and The Grizzlies level of attack around the ball lifted. Rowland Hill finished the game as he started with some great running and marking to match his rucking work.

Whilst it was a tough day at the office for the Grizzlies there were plenty of positive signs for

U10 Kodiaks

Caulfield Bears vs Ormond at Glen Huntly Park



It was a wet, grey conditions greeting the Bears at Koornang Park for their clash against St Peters FC. The first quarter was hard fought with both teams having chances to score. The second quarter saw the Bears in attack with one goal scored The third quarter was a tight battle with both sides getting the ball into their forward 50. In the final quarter, the opposition managed to breakthrough a couple of times. The Bears played as a team this week with everyone contributing, they showed some real grit and determination in challenging condition. Well played the Bears. **Awards:** Joel Farrar, Rocco Casamento, Jesse Stewart & Ramsay Morris

U10 Polars

Caulfield Bears vs Hampton Rovers at Castlefield Reserve



NO REPORT.





U9 Kodiaks

Caulfield Bears vs East Malvern at DW Lucas Oval

A very wet and slippery day was provided on Mothers Day. The first half was dominated by East Malvern and the Kodiaks had some trouble in laying proper tackles.

The second half showed that the Kodiaks can play good football and had the ball in attack more often. It was pleasing to see the whole team prepared to help each other out in wet and trying conditions.





AUSKICK

On Saturday 7th May, we had our annual Mothers Day celebration. This year included the very exciting and enjoyable Specky Events who came and laid out 7-8 exciting stations. These stations included speckies on 3 different sized inflatable matts and player set up, handball activities, kicking into bins for accuracy, an obstacle course with a small tower to climb which players raced each other on, kicking goals through a massive inflatable set of goals with netting and lastly a fitness course. These activities went for well over an hour and then all groups went out to grid games to play against the mums where we reckon some mothers took the opportunity for some payback on their little ones.

Lastly, the day finished with our massive Mothers day raffle and BBQ. We had lots of support and volunteers from our parenting group. A special mention must go out to Silvana who organised this weekend from start t finish. She chased all the prizes for the raffle and networked with local businesses, arranged the food and drink and arranged Specky Events. This day could not have happened without Silvana. Simply amazing!





For more information about this week's event or Caulfield Bears Auskick, please contact: Jamie Fardell, Auskick Coordinator 0405 574 691



Mothers Day Raffle

Our raffle went brilliantly and I'm sure all the ladies were pleased with their prizes. Without the generosity and involvement of the Carnegie trading community this would not be possible.

We would like to thank the following businesses for their donations this year: **One Misty Guy Café Bar, Split Milk Café, Chemmart Pharmacy, Serenity, She Knows Her Clothes, Little Shop of Handmade, Kuala Lumpur Restaurant, The Rosstown Hotel, Markese Hair & Make Up, Allure Hair, Woolworths Carnegie, Lizzies Chocolates, Waxing Queen, CTI Salon, Wine Down, Swimsafe Swim School, Crocs Playcentre, Recreation Carnegie, AFL Store Chadstone, Jewellery by Melissa Trudinger, Minta & Co, The Hairplace.**





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Use or refer the services of Gary Peer for a property sale and Gary Peer will donate 10% of its service fee to the Caulfield Bears Junior Football Club upon a successful sale.

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CLUB SPONSORS

Ormond-McKinnon Community Bank® Branch

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Barry Gardiner Meats

There is a box behind the counter with our Caulfield Bears Logo. When CBJFC members buy meat, leave the receipt and Barry will donate 10% of the purchase price in meat to the club - Koornang Road, Carnegie.



Thompson & Thompson Solicitors

145 Koornang Road, Carnegie Ph: 9572 1888





caulfieldbears.com.au/juniors

BEARS CALENDAR 2016

Saturday 14th May Auskick

Sunday 15th May Round 5 FAMILY NIGHT

Saturday 21st May Auskick

Sunday 22nd May Round 6

Saturday 28th May Auskick

Sunday 29th May Round 7 CLUB PHOTOS

Saturday 4th June Auskick

Sunday 5th June Round 8 CLUB PHOTOS

Saturday 11th - Monday 13th June Queen's Birthday Holiday Weekend BYE. No Auskick

Saturday 18th June Auskick

Sunday 19th June Round 9 FAMILY NIGHT

Saturday 25th June Auskick

Sunday 26th June Round 10

School Holidays NO AUSKICK

School Holidays BYE Saturday 9th July Auskick

Sunday 10th July Round 11

Saturday 16th July Auskick SOCIAL NIGHT (PARENTS ONLY)

Sunday 17th July Round 12

Saturday 23rd July Auskick

Sunday 24th July Round 13

Saturday 30th July Auskick

Sunday 31st July Round 14 U9 Lighting Carnivals

Sunday 7th August Round 15 U10 Lightning Carnivals FAMILY NIGHT

Sunday 14th August U11-16 Semi Finals

Sunday 21st August U11-13 Grand Finals U14-16 Preliminary Finals

Sunday 28th August U14-16 Grand Finals

Our co-tenant at Koornang Park, the Caulfield Bears Seniors play at home on: 28/5 vs Heatherton 9/7 vs Springvale 23/7 vs Skye 6/8 vs Port Melbourne Colts 20/8 vs Highett

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